

SANDHYA PARAMESWARAN PILLAI, RN

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OBJECTIVE

Dynamic healthcare professional with a strong track record of leveraging expertise and experience to achieve organizational goals and drive personal growth and seeking opportunities to contribute to impactful healthcare outcomes and further develop skills in a challenging environment.

LICENSURE AND CERTIFICATION

RN - Registered nurse, Ontario, Canada

CNO License no - 24906719

RN - Registered Nurse, Kuwait

RN – Registered Nurse, India

BLS – Basic life support

EDUCATION

Diploma in general nursing and midwifery, Karnataka Health Institute, Ghataprabha, India

WORK HISTORY

REGISTERED NURSE, MEDICAL UNIT

St Francis Memorial Hospital,
Barrys Bay, Ontario, Canada

Sep 2024 to Jan 2025

REGISTERED NURSE, MEDICAL AND SURGICAL UNIT

Ministry Of Health, Farwaniya Region, Kuwait

May 2010 to Oct 2022

REGISTERED NURSE, MEDICAL AND SURGICAL UNIT

Ministry Of Health, Adan Region, Kuwait

Oct 2003 to Sept 2007

REGISTERED NURSE, MEDICAL INTENCIVE CARE UNIT

SRM Cardiac Institute, Mumbai, India

Oct 2001 to Aug 2003

REGISTERED NURSE, INTENCIVE CARE UNIT

KHI Hospital Ghataprabha, India

Sep 1999 to Aug 2001

WORK EXPERIENCE

Provided direct patient care.

Collaborated with physicians to assess patients and deliver appropriate treatments while managing rapidly changing conditions.

Administered medication via oral, IV, and intramuscular injections and monitored responses

Initiated assessment, planning, implementation, and evaluation of care of patients.

Managed airway and suction.

Handled advanced medical equipment like Monitors, Infusion pumps, Pulse oximeters, Suction apparatus, Nebulizers, and ECG machines.

Organized and managed care for patients undergoing various therapies and procedures.

Evaluated health care needs.

Collaborate with interdisciplinary team members to ensure comprehensive and coordinated patient care.

Educated patients, families, and caregivers on diagnosis, prognosis, treatment options, disease process, management, and lifestyle options.

SKILLS

Patient assessment

Critical thinking and decision-making

Medication management through the effective use of Omnicell automated dispensing unit.

Wound care, and dressing changes

Basic life support

IV line insertion and IV therapy

Monitoring vital signs

Patient and family education

Interpersonal communication

Time management and team collaboration

Documentation and computer skills.

Implemented efficient use of EPIC electronic health record system.

Empathy, active listening, and stress management

Operating medical equipment and infection control

Supervisory skills, legal and ethical knowledge

Confidentiality and privacy in accordance with the law (HIPAA)

Adapting to changing environments and continuing education

LANGUAGES

English

Malayalam

Hindi

Arabic

Reference: Available upon request