

SIMRAN KAUR

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OBJECTIVE

Compassionate and certified Personal Support Worker seeking a position where I can provide safe, respectful, and client-centered care while supporting residents' physical and emotional well-being.

EDUCATION

Personal Support Worker | 2023 – 2024

A1-global college of Health, Business & Technology, Mississauga, Ontario

Honors Bachelor of Arts | 2019 - 2022

University of Delhi, India

Interior Designing and Decoration (Diploma) | 2018 - 2020

International Women Polytechnic, Delhi, India

CERTIFICATES

- PSW certificate (Ontario Certified)
- CPR and First Aid
- Mask fit certificate
- Gentle Persuasive Approaches (GPA)

CORE SKILLS

- Personal Care & ADL Assistance
- Safe Lifting & Transfers
- Dementia & Cognitive Support
- Infection Prevention & Control
- Documentation & Charting
- Palliative Care Support
- Team Collaboration
- Fluent in English, Punjabi, and Hindi

WORK EXPERIENCE

Personal Support Worker

Retirement Community - Ontario

- Assisted residents with activities of daily living including bathing, grooming, dressing, and toileting.
- Provided safe transfers using mobility equipment.
- Monitored and reported changes in resident's condition.
- Maintained infection prevention and control standards.
- Delivered emotional support to residents and families.