

Khushi Prajapati

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SUMMARY

Dedicated Personal Support Worker with hands-on experience providing personal care, mobility support, and emotional assistance to clients in long-term care and community settings. Strong knowledge of infection control, patient safety, and effective communication with healthcare teams.

EDUCATION & CERTIFICATION

Postgraduate Personal Support Worker (3.5 GPA) Seneca polytechnic | Toronto, ON **May 2025 – Dec 2025**

- Comprehensive training in personal support services, including hygiene care, vital signs monitoring, mobility and transfer techniques, nutrition support, and patient safety.

Postgraduate Regulatory Affairs (3.9 GPA) Conestoga college | Kitchener, ON **May 2024 – Dec 2024**

- Strong foundation in regulatory affairs, with training in regulatory compliance, documentation, submission processes, and interpretation of national and international regulatory guidelines.

Bachelors in science, Microbiology (9.8 CGPA) Ganpat university | India **July 2020 – May 2023**

SKILLS

- Provide comprehensive assistance with activities of daily living, including bathing, grooming, dressing, toileting, feeding, and mobility support while maintaining resident dignity and comfort.
Machine operation experience, including CNC and robotic equipment.
- Support residents with mobility and ambulation while implementing fall prevention strategies and ensuring a safe living environment. Controlled Goods security assessment eligibility.
- Follow individualized care plans accurately while assisting residents with personal care, nutrition, hydration, and daily routines.
- Monitor and report changes in residents' physical, emotional, and cognitive conditions to nursing staff in a timely and professional manner.
- Assist with feeding and special dietary needs while observing swallowing difficulties and reporting concerns to the healthcare team.
- Provide emotional support, companionship, and respectful communication to promote residents' mental well-being and quality of life.
- Adhere strictly to workplace health and safety regulations, including WHMIS, infection control guidelines, and emergency procedures.

PROFESSIONAL EXPERIENCE

Extendicare rough valley | Personal support worker | Scarborough, ON|

Sep 2025 – Dec 2025

- Provided safe transfers, repositioning, and ambulation support using proper body mechanics and mechanical lifts such as Hoyer and ceiling lifts.
- Assisted with meal preparation, feeding, and hydration while monitoring swallowing difficulties and reporting concerns to nursing staff.
- Observed and reported changes in residents' physical, emotional, and cognitive conditions to registered nurses and supervisors.
- Followed individualized care plans and daily routines as directed by the healthcare team.
- Practiced patience, empathy, and respectful communication when interacting with residents and families affected by Alzheimer's disease.
- Supported residents experiencing responsive behaviors by using calm communication, redirection, and reassurance techniques.

Centenary hospital | Personal support worker | Scarborough, ON|

May 2025- Aug 2025

- Monitored and reported changes in patients' physical condition, comfort levels, and mobility status to nursing staff promptly.
- Practiced strict Infection Prevention and Control (IPAC) procedures, including hand hygiene, PPE usage, and isolation protocols.
- Assisted nursing staff with basic patient care tasks within PSW scope of practice.
- Adhered to workplace health and safety regulations, including WHMIS, emergency codes, and patient safety protocols.
- Maintained patient safety by implementing fall prevention strategies and ensuring a clean, hazard-free environment.
- Assisted residents with activities of daily living while adapting care techniques to cognitive and behavioral needs.

CERTIFICATE & LICENSES

- Valid Ontario Driver's License
- Gentle Persuasive Approaches (GPA)
- Police vulnerable Sector Check – Clear
- CPR & First Aid (BLS)
- Infection Prevention & Control Training
- WHMIS & MOI

AVAILABILITY

- Open to full-time, part-time, and casual positions.
- Willing to relocate or commute based on organizational requirements.
- References available upon request.