

**VICTORIA ADA OGUCHE**

Scarborough, ON M1V 2C9

Email: [victoriaada1978@gmail.com](mailto:victoriaada1978@gmail.com) Phone: 647-886-8924

**Professional summary:**

Compassionate and dedicated individual seeking the position of a Personal Support Worker (PSW) to provide high-quality care and support to individuals in need. I am eager to utilize my training and interpersonal skills to contribute to a caring and professional healthcare team.

**Skills:**

- Patient Care and Support
- Personal Hygiene and Grooming
- Mobility Assistance
- Meal Preparation and Feeding
- Companionship and Emotional Support
- Basic Housekeeping
- Strong Communication and Interpersonal Skills
- Attention to Detail and Organization
- Dependable and Punctual
- CPR and First Aid Certified

**Professional Experience:**

**Personal Support Worker Intern**

- Extencicare Nursing Home, Scarborough, ON April
- /2024 – June/2024
- Assisted experienced PSWs in providing daily living support to clients, including bathing, dressing, grooming, and toileting
- Helped with mobility and physical exercises, ensuring clients' safety and comfort
- Supported meal preparation and feeding, accommodating special dietary needs

- Assisted with light housekeeping duties to maintain a clean and safe living environment
- Observed and documented clients' health and behavior, reporting significant changes to supervisors

**Shelter House Support Worker**

- Delta Hotel Shelter, Toronto, ON  
May/2023 –March/2024
- Provided emotional support and crisis intervention to clients experiencing homelessness or domestic violence
- Helped clients access community resources, such as housing, employment, and healthcare services
- Maintained accurate records of client interactions and progress, ensuring confidentiality and compliance with shelter policies
- Participated in team meetings to discuss client care plans and strategies for support

**Volunteer Caregiver**

- Gariki Medical Hospital, Abuja, Nigeria February /2018–  
December /2022
- Provided companionship and emotional support to elderly residents in a community center
- Assisted residents with daily activities, such as walking, playing games, and attending social events
- Helped with meal distribution and feeding, ensuring residents received proper nutrition
- Participated in organizing recreational activities to promote social engagement and wellbeing

**Education:**

- UMS Health College, Toronto ON
- Certificate in Personal Support Worker Program, 2024
- Dorben Polytechnic, Abuja, Nigeria
- Higher National Diploma in Business Administration, 2016

**Certifications:**

- Personal Support Worker (PSW) Certificate: Toronto ON 2024
- Crisis Prev Intervention (Cpi) 2024

- Food Handler Certification: Toronto ON 2023
- N95 Mask Fit Training: Toronto ON 2023
- Toronto Shelter Standards Certificate: Toronto ON 2023
- Workplace Health and Safety Training Certificate: Toronto ON 2024
- Standard First Aid and CPR /AED level CC(BL) Certificate: Toronto ON 2023
- Workplace Hazardous Materials Information System ( WHIMIS ) 2024
- Covid-19 Certifications: Toronto ON 2023
- Accessibility for Ontarians with Disabilities Act (AODA) certificate 2024
- Conflict Management Training Certificate: Toronto ON 2023

### **Reference**

Available upon request.