

VICTORIA ADA OGUCHE

Scarborough, ON M1V 2C9

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Professional summary:

Compassionate and dedicated individual seeking the position of a Personal Support Worker (PSW) to provide high-quality care and support to individuals in need. I am eager to utilize my training and interpersonal skills to contribute to a caring and professional healthcare team.

Skills:

- Patient Care and Support
- Personal Hygiene and Grooming
- Mobility Assistance
- Meal Preparation and Feeding
- Companionship and Emotional Support
- Basic Housekeeping
- Strong Communication and Interpersonal Skills
- Attention to Detail and Organization
- Dependable and Punctual
- CPR and First Aid Certified

Professional Experience:

Personal Support Worker Intern

- Extendicare Nursing Home, Scarborough, ON April /2024 – June/2024
- Assisted experienced PSWs in providing daily living support to clients, including bathing, dressing, grooming, and toileting
- Helped with mobility and physical exercises, ensuring clients' safety and comfort
- Supported meal preparation and feeding, accommodating special dietary needs

- Assisted with light housekeeping duties to maintain a clean and safe living environment
- Observed and documented clients' health and behavior, reporting significant changes to supervisors

Shelter House Support Worker

- Delta Hotel Shelter, Toronto, ON
May/2023 –March/2024
- Provided emotional support and crisis intervention to clients experiencing homelessness or domestic violence
- Helped clients access community resources, such as housing, employment, and healthcare services
- Maintained accurate records of client interactions and progress, ensuring confidentiality and compliance with shelter policies
- Participated in team meetings to discuss client care plans and strategies for support

Volunteer Caregiver

- Gariki Medical Hospital, Abuja, Nigeria February /2018–
December /2022
- Provided companionship and emotional support to elderly residents in a community center
- Assisted residents with daily activities, such as walking, playing games, and attending social events
- Helped with meal distribution and feeding, ensuring residents received proper nutrition
- Participated in organizing recreational activities to promote social engagement and wellbeing

Education:

- UMS Health College, Toronto ON
- Certificate in Personal Support Worker Program, 2024
- Dorben Polytechnic, Abuja, Nigeria
- Higher National Diploma in Business Administration, 2016

Certifications:

- Personal Support Worker (PSW) Certificate: Toronto ON 2024
- Crisis Prev Intervention (Cpi) 2024

- Food Handler Certification: Toronto ON 2023
- N95 Mask Fit Training: Toronto ON 2023
- Toronto Shelter Standards Certificate: Toronto ON 2023
- Workplace Health and Safety Training Certificate: Toronto ON 2024
- Standard First Aid and CPR /AED level CC(BL) Certificate: Toronto ON 2023
- Workplace Hazardous Materials Information System (WHIMIS) 2024
- Covid-19 Certifications: Toronto ON 2023
- Accessibility for Ontarians with Disabilities Act (AODA) certificate 2024
- Conflict Management Training Certificate: Toronto ON 2023

Reference

Available upon request.