



TOLU OLISEH

 toluoliseh@gmail.com

 4376650229

 Chatham, ON N7M 1G2

PROFESSIONAL SUMMARY

Experienced and dedicated caregiver skilled in providing exceptional support to elderly, convalescent, and individuals with disabilities in home and care facility settings. Committed to understanding and addressing individual needs with meticulous attention to detail. Passionate about enhancing overall well-being and delivering compassionate treatment.

SKILLS

- Proficient in providing physical and emotional support to patients.
- Activities of Daily Living
- Medication Administration
- Strong communication and interpersonal skills for effective patient interaction.
- Time Management
- Mobility Assistance
- Special Needs Care
- First aid and safety
- Patient Management

CERTIFICATIONS

PSW

CPR BLS /First Aid

WORK HISTORY

Alert Best Nursing and Home care - Caregiver/Support Aide
Hamilton • 04/2024 - 08/2024

- Assisted patients with personal care activities, such as bathing, grooming, and toileting
- Supported patients with mobility, transfers, and positioning to ensure their comfort and safety
- Monitored and recorded vital signs, medication intake, and changes in the patient's condition
- Maintained a clean and organized environment for patient well-being and infection control
- Collaborated with healthcare professionals to implement care plans and provide comprehensive support
- Provided emotional support and companionship to patients to enhance their quality of life
- Performed light housekeeping duties to maintain cleanliness standards while respecting the patient's personal space.
- Enhanced patient comfort by providing compassionate and attentive care, addressing individual needs and preferences.

HOME INSTEAD SENIOR CARE - Care Assistant
Hamilton • 01/2024 - 03/2024

- Provided basic care for the sick, elderly, and recovering patients
- Planned and accompanied clients to activities and social events and safeguarding
- Promoted the health of their clients by adhering to medication and exercise plans
- Assisted with dressing guidance, grooming, meal preparation, and

medication reminders.

- Assisted with feeding and monitored intake to help patients achieve nutritional objectives.

Divine Home Care - Care Assistant

Mississauga • 09/2023 - 12/2023

- Assisted patients with personal care activities, such as bathing, grooming, and toileting
- Communicated effectively with patients, families, and healthcare team members to ensure coordinated care
- Assisted patients with mobility, transferring them safely between beds, chairs, and wheelchairs as needed.
- Assisted with meal preparation and feeding, ensuring adherence to dietary restrictions and nutritional guidelines for optimal health.
- Adhering to ethical standards and confidentiality guidelines in all patient interactions