

Christianah Abidemi Fadirepo

fadirepochristianah96@gmail.com 4373661527

CAREER OBJECTIVE

Detail-oriented professional with 3+ years of experience with personal care knowledge and practical communication skills to assist residents to live a more dignified life.

EDUCATION

City College of Business Health and Technology.

Toronto, ON

Personal Support Diploma 2024

Oduduwa University

Ipetumodu Ile Ife, Osun State.

Biochemistry 2019.

CREDENTIALS AND LICENSES

- First Aid & CPR
- CPI
- Personal Support Worker Diploma
- National Association of Career Colleges (NACC)
- Health and Safety Awareness for Workers
- Accessibility for Ontarians with Disabilities Act (AODA)

WORK EXPERIENCE.

St. Bernard's Residence

Personal Support Worker, August 2024 – Present

- Promote community inclusion, independence, and self-determination for the people we support
- Support individuals to identify, work towards and achieve their dreams and personal outcomes
- Participate in all activities of daily living i.e., cleaning, cooking, medication dispensing, personal care, as well as potential lifts and transfers)
- Ability to problem-solve and work collaboratively within a team and with families
- Complete all required documentation accurately and timely
- Act as a resource and liaise with families and community agencies

Holy Family Specialist Hospital Nigeria
Health Care Assistant

2021-2022

- Monitor client's well-being. Assists client with daily life skills and/or behavioral
- Provide support and assistance to the individual in personal hygiene
- Support individuals with high needs and/or aggressive behavior with harm reduction strategies and crisis resolution, crisis prevention, and intervention
- Assists client with cooking. Attends appointment with clients when necessary
- Support individuals to identify, work towards and achieve their goals/personal outcomes
- Intervention to crisis according to the program procedure.
- Transporting clients to appointments
- provides mentoring relationships via a variety of avenues; group mentoring and one on one mentoring

University College Hospital (UCH) Nigeria
Health care Assistant

2018 -2021

- Supporting the Nurses and Doctors in patient care, non-clinical support and infection control tasks
- Helped in contingency management, bathing and feeding patients
- Maintaining adequate hygiene in the psychiatric ward
- Assisting patients with their enquires and responding to any request in the ward promptly and effectively
- Taking blood samples/specimens to laboratory
- Going to pharmacy to pick up patients' medication
- Treating patients with respect and dignity while reassuring them and relative during period of stress and uncertainty
- Spent time with patients, reading, speaking and generally engaging with them daily
- Ensuring confidentiality of patient's information.
- Maintaining professional relationship with both senior, junior colleagues and other health professionals.

References available upon request