

Sweta Brahmhatt, RN

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HIGHLIGHTS OF QUALIFICATIONS

- Highly motivated RN leader with work experience in med surg, ICU, ER, long term care and case management
- Clinical placements in mental health, med surg, general medicine and home and community care
- Current registration with the CNO, BLS, Standard First Aid and CPR, and GPA certifications
- Dementia, Delirium and Depression certificate from the RNAO
- Knowledge of the Mental Health Act, the Health Care Consent Act and other relevant legislation
- Working knowledge of psychiatric and mental health disorders
- Fully vaccinated and valid Ontario G2 driver's license
- Computer literate and able to learn new programs quickly (EMR, Microsoft Office)

SUMMARY OF SKILLS

- Blood glucose monitoring
- Blood product administration
- Care and discharge planning
- Case management
- Central lines
- Chest tubes
- **Code white training**
- Colostomy care
- **Conflict resolution**
- Critical thinker and problem solver
- **De-escalation**
- EMR systems: PointClickCare
- G tube feeding
- Immunizations/vaccinations
- **Individual counselling**
- Infection prevention and control (IPAC)
- Interprofessional team collaboration
- IV, feeding and pain pumps
- IV initiation
- Medication administration: PO, SC, IM, IV, G tubes
- **Mental status examinations**
- Oxygen (O2) administration including BiPAP
- Pain management: acute and chronic
- Patient and family education
- Post-surgical care
- **Psychiatric assessments**
- **Psychiatric emergencies**
- **Psychotropic medications**
- Suctioning
- Time management and organizational skills
- Tracheostomy care
- Urinary catheterization: intermittent and indwelling
- Venipuncture
- Verbal, written and interpersonal communication
- Wound care

WORK EXPERIENCE

Career break: family responsibilities

Mar 2023-present

RN/Charge Nurse

Dec 2022-Feb 2023

PeopleCare Tavistock (via HC24 Inc. Agency), Tavistock, ON

- Provided direct care for up to 35 residents per shift in a 100-bed long-term care facility, ensuring high standards of treatment and support.
- Led night shift operations, supervising 1 RPN and 4–5 PSWs, managing care for 75–80 residents.
- Managed care of residents with Alzheimer's, depression, dementia, UTI, anxiety, and respiratory issues.
- Assessed residents' conditions, monitored vital signs, and reported concerns to physicians.
- Managed EMAR, POC, and RAI-MDS, ensuring accurate documentation and medication administration.
- Administered and monitored opioids, narcotics, and other controlled substances per regulations.
- Performed wound care, G-tube feeding, tracheostomy care, colostomy care, bladder scanning, and oxygen administration.

- Ensured compliance with PHIPA, infection control, and COVID-19 protocols, maintaining a safe healthcare environment.

Personal Support Worker (PSW)

Aug 2022-Sep 2022

Paramed, Kitchener, ON

- Assisted clients with activities of daily living (ADLs), including bathing, dressing, toileting, mobility support, and medication reminders.
- Provided compassionate care for seniors and individuals with disabilities, including those with dementia, Alzheimer's, and palliative needs.
- Monitored and reported changes in clients' physical and mental health to nurses or care coordinators.
- Maintained a clean, safe environment through light housekeeping, meal preparation, and infection control practices.
- Built trusting relationships with clients and families, promoting emotional well-being and independence.

Charge Nurse

Jan 2020-Nov 2020

Sharnam Multispecialty Hospital, Gujarat, India

- Provided comprehensive care to diverse patient populations in Med-Surg, ICU, and ER, managing conditions such as stroke, heart failure, trauma, and infectious diseases (COVID-19, TB).
- Led and supervised 15+ nursing staff per shift, ensuring effective teamwork, patient safety, and quality care for up to 40 patients daily.
- Performed advanced clinical procedures, including IV insertion, wound care, G-tube management, catheterization, suctioning, cardiac care, surgical care, and vaccine administration.
- Collaborated with interdisciplinary teams, conducted care conferences, and provided patient and family education to optimize health outcomes.
- Maintained accurate documentation, ensured compliance with infection control and medication safety protocols, and participated in ongoing nursing education.

CLINICAL PLACEMENTS

Med Surg, BAPS Yogiji Maharaj Hospital, Gujarat, India	July 2019-Oct 2019
Mental Health, Zydus Hospital Hospital, Gujarat, India	Apr 2018-Sep 2018
Mental Health, Civil General Hospital, Gujarat, India	Mar 2017-Mar 2018
General Medicine, Kakadiya Hospital, Gujarat, India	Aug 2016-Jan 2017
Community Care, various locations, Gujarat, India	Oct 2013-July 2016

EDUCATION & LICENSURE

General Nursing and Midwifery Diploma <i>Gujarat Nursing Council, Gujarat, India</i>	Apr 2017
RN Licence, College of Nurses of Ontario	Sep 2022-present

CERTIFICATIONS

Mental Health First Aid (in progress)	Mar 2025 (expected)
Crisis Prevention Training (in progress), Crisis Prevention Institute	Spring 2025 (expected)
Basic Life Support (BLS)	exp. Feb 2026
CPR and Standard First Aid	exp. Jan 2026
Gentle Persuasive Approaches (GPA), Advanced Gerontological Education	Feb 2025
Dementia, Delirium and Depression certificate, RNAO	Feb 2024