

**SUKHJEET KAUR, RN**  
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**PROFILE**

- Current registration with the College of Nurses of Ontario (**CNO Reg# 24814202**).
- 3 years' experience providing client centred care in acute care setting (i.e., Med/Surg, Pediatrics)
- Membership – RNAO, Registered Nurses' Association of Ontario and CARE Centre.
- With current First Aid and BLS level C for health care professionals from Heart & Stroke foundation.
- Proven skills and abilities in performing health assessment, medication administration, client health teaching.
- Familiarity with the Canadian Healthcare System and PHIPA.
- Caring, compassionate, customer focused attitude towards patients and families.
- Able to physically meet the demands of the role and with good attendance record.
- Works independently as well as a team player to work in a fast phase and culturally diverse environment.
- Excellent organization, time management, problem solving and decision-making skills.
- Computer Skills: Epic, EMR (Electronic Medical Records), and Microsoft Office Suite.
- Languages: English, Punjabi, and Hindi with outstanding interpersonal and communication skills.
- With G license and a reliable vehicle. Interest for travel for more than 2 hours.

**EXPERIENCE**

**Registered nurse/ Registered practical nurse**

**September 2024- Till date**

**Sienna long term care, Creemore**

- Handling 70 residents as a RN and 35 as RPN.
- Assisting with doctors' rounds and processing orders to the pharmacy.
- Providing emergency care to residents including hospital transfer and first aid treatments.
- Medication administration as per resident's schedule by using point click care software.
- Managing Wound care as per skin and wound assessment and following protocol for dressing changes.
- Providing dietary referrals, wound care referrals as per requirement and as per policies.
- Selected as an Employee of the Month for the month of March 2025 due to best practice and resident's care
- Currently attending Skin and Wound conferences by Medline to update knowledge of wound care and dressings

**RN - Clinical Practice (200 hrs.) - Community Nurse, Victorian Order of Nurses**

**2024**

- Handled VON clinics with more than 20 patients in a day by providing effective nursing care, wound care, medications, and planned diets. Provided care in client's own home.
- Perform Physical assessments on daily basis and provide detailed reports to ensure regular health track.
- Provide wound care like wound packing, drainage, and surgical wound care, PICC line dressings to patients.
- Diabetes management for school kids and all age groups by health teachings and insulin injections and with effective diet management.
- IV medications with PICC line, with IV site and Port A Cath with sterile technique and IV/CVAD care by changing dressings and lines as per VON policy.
- Palliative care that includes physical assessments, symptom control support, rehabilitation therapy, wound care, education, counselling to individuals and families and much more.
- Vital Signs measurements, pain management, health teaching, nursing care planning and tube care that includes urostomy care, gastrostomy care, catheterization, and stoma care.
- Handled emergency situations by taking doctors' orders, referring patients' timely manner to save their lives.
- Provide counselling to individuals and families to educate them regarding health and self-care.

### **Observational Job Shadowing (1-week) Cawthra Gardens Long Term Care Residence 2024**

- Assesses 32 patient charts daily, monitors vital signs and coordinated with physicians, specialists, nurses, and therapists, to ensure holistic care for each patient.
- Addressed any immediate concerns during emergencies and updated care plans as necessary.
- Administered medications under supervision to each patient's schedule, ensuring accurate, monitoring progress identify and report condition.
- Assisted in performing G tube feeding, supervise lunch, and elderly activity.
- Carried out scheduled treatments, including wound care, physical therapy, respiratory treatments, and more.

### **RN- Clinical Practice (400 hrs.)- Bansal Childcare Hospital- Punjab 2023** **RN- Clinical Practice (2500 hrs.) Bansal Childcare Hospital- Punjab 2014- 2017**

- Conducted full-body assessments and recorded patient histories, immunization as per schedule.
- Provided direct patient care, monitored vitals, and managed IV equipment. nebulization procedures, suctioning and oxygen therapy.
- Kept track of temperature, pulse, breathing, and blood pressure followed with proper documentation.
- Provided support to patients with activities of daily living, including dressing, nutrition, and hygiene.
- Administered medications via oral, IV, SC, ID and IM routes.
- Managed children with tube feedings, breast and bottle feedings and monitored their weight and height.
- Maintained personal hygiene of children and educate parents to maintain their hygiene to prevent infections.

### **RN- Student Nurse (550)-Patiala Heart institute Patiala, Punjab 2012- 2014** **(2000)-Rajindra Govt. Hospital Patiala, Punjab 2010- 2012**

- Performed basic head-to-toe patient assessments.
- Performed mouth care, Catheter care and hair care procedure.
- Assisted registered nurse with tube feedings and maintained intake output records.
- Assisted experienced staff with peritoneal dialysis procedure.
- Maintained frequent supervision of residents at risk of fall and provided adequate assistance with ADLs.
- Helped patients by teaching proper, safe use of ambulation assistive devices such as canes or walkers.
- Provided preventative education to families and patients about HIV, AIDS, and STDs.
- Provided complete nursing care for up to three post-partum mothers daily.
- Assisted with urinary catheter removal, finger stick blood sugars, routine urine, and stool specimen collection, emptying drainage tubes and bladder scans.
- Completed observational shifts in different units of hospital such as medical surgical, Labor and delivery departments.

## **EDUCATION**

Office administration General & Health Services, St. Clair College, Windsor, ON	2017-2019
Post Bachelor of Science in Nursing, Desh Bhagat University, India	2014-2016
General Nursing and Midwifery, Sant Inder Dass Nursing Institute Patiala, India	2010-2014

**PROFESSIONAL DEVELOPMENT and CERTIFICATIONS**

IV therapy, Venipuncture Certificate, Nurses Education Peel	2024
Observational Job Shadowing(week), Med/ Surg unit, Trillium Health Partner Mississauga	2024
Observational Job Shadowing (week), Cawthra Gardens long term care Mississauga	2024
First Aid and BLS provider for HCP, Heart & Stroke	2023
N95 Certificate, Partner Safety	2023
Communication in the Workplace for IEN's, CARE Centre	2023

**REFERENCES AVAILABLE UPON REQUEST**