

Sukhman kaur

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Summary statement

Entry-level student with a social service worker gerontology degree, garnering a strong educational background in old age people and family evaluation and appropriate interventions. Excellent client assessment skills and resource management abilities to locate and promote appropriate community services for clients. Seeking to leverage my background with education into a medical or family social service worker role with a progressive company

SKILLS

- Record keeping
- Problem solving
- Report writing
- Active listening
- Cultural sensitivity
- Time management
- Crisis management
- Attention to detail

Expert in some extra skills like- MS word, outlook, office and window. Having good knowledge in computer and technology.

Experience-

Peel manor long term care home :525 Main St N, Brampton, ON L6X 1N9 (October 2023 to Oct 2024)

Job duties-

- Working with elderly patients and providing one-on-one care such as assisting with personal care, meal preparation, and light housekeeping.
- Ensuring the fulfilment of individual goals and needs as instructed in the client's support plans.
- Helping clients with leisure activities.
- Made lunch and take of their medication

Entry-level Social service worker

Work as a volunteer in Bramalea residence home Brampton
from may 2023 to September 2023

- Supporting people with social and physical activities as well as basics such as eating and drinking.
- Assist with personal care.

- Monitoring individuals' conditions by taking their temperature, pulse, respiration and weight, and possibly helping with medication.
- Work with old age patients having problems like dementia, Alzheimer and cancer.

Some more experience that I gain while studying at college

- Conducted home visits to assess client needs and developed individualised treatment plans for 10 clients, resulting in improved mental health outcomes and increased client satisfaction.
- Participated in a case conference with a multidisciplinary team to develop a comprehensive treatment plan for a client with complex needs, resulting in improved coordination of care and increased client engagement.
- Educated clients and their families on available resources and services, resulting in increased utilisation of community resources and improved overall well-being for clients.
- Worked with children/teens in taking care of them and offered best counselling as well as lead group counselling sessions.

Education -

Complete Social service worker gerontology program at st clair college ace acumen Brampton campus from May 2022 to August 2023