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# SHARNJEET KAUR SANDHU

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## OBJECTIVE

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New Graduate RN with international nursing experience and strong foundational skills in patient care. Committed to delivering safe, compassionate care, collaborating effectively with interdisciplinary teams, and supporting hospital quality and safety standards.

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## CORE COMPETENCIES & SKILLS

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- Five years of experience in mental health nursing, supporting individuals with severe and persistent mental illness
- Comprehensive clinical assessment and treatment planning
- Proficient EMR documentation
- Advanced physical assessment skills and ability to recognize early changes in patient status
- Pain management
- CPR and Basic Life Support
- Medication administration, IV initiation and management
- Patient education
- Effective interdisciplinary collaboration and communication
- Wound care management, Nasogastric Tube insertion and management
- Critical thinking and Problem Solving
- Strong communication skills with a client-centred, compassionate approach

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## PROFESSIONAL WORK EXPERIENCE

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**Service Access Team Coordinator**, 11/2024 - Current

**Alzheimer Society Peel**

- Managed First Link referrals, RAI referrals from OHaH and the central Registry.
- Supported the Behavior Supports Ontario (BSO) team by triaging and tracking referrals.
- Oversaw project coordination and administrative support for clinical teams
- Assess clients' needs and refer them to appropriate services within and outside of the organization

**Client Service Facilitator (Adult Day program)**, 10/2018 - 11/2024

**Alzheimer Society Peel**

- Facilitated therapeutic activities and provided direct personal care for clients with dementia.
- Assessed responsive behavior and safely de-escalated challenging situations effectively.
- Built strong relationships with clients and families through consistent communication.
- Assisted clients with medication reminders, mobility, and daily living activities.

**Clinical Placement Student Nurse**, 05/2023 - 11/2023

## **Humber River Hospital**

- Assisted in patient assessments and care planning under supervision of registered nurses.
- Collaborated with healthcare teams to ensure comprehensive patient support and treatment delivery.
- Monitored vital signs and documented changes in patient conditions accurately.
- Educated patients and families on post-discharge care and health management strategies.

## **Community Support Worker, 04/2018 - 09/2018**

### **Vision of Hope Resource Center, Brampton – Brampton**

- Conducted ongoing assessments and evaluations to improve service delivery.
- Planned and facilitated weekly activities for a group of 20 members.

## **Registered Nurse, 05/2014 - 07/2016**

### **India**

- Administered medications (IV, IM, oral), inserted NG tubes and catheters, and monitored vitals.
- Provided wound care, recovery assistance, and health education to patients and families.
- Continue monitoring and health assessment

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## EDUCATION

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### **Bridging Program for IENs: Academic Pathways For International Nurses, 09/2024**

#### **George Brown College - Toronto, ON**

Expected in 07/2026

#### **Taha College, Brampton - Brampton**

Social Service Worker Gerontology, 04/2018

#### **Sheridan College - Brampton, ON**

Diploma in General Nursing Midwifery, 07/2013

#### **Guru Nanak College of Nursing (India) - India**

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## LICENSES AND CERTIFICATIONS

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- Registered Nurse – College of Nurses of Ontario
- Basic Cardiac life support BCLS (Heart & Stroke), First Aid & CPR Certification
- Advance Cardiac Life Support ACLS (booked the training for Dec 20,2025)
- Mental Health First Aid Canada
- GPA (Gentle Persuasive Approaches), CPI (Crisis Intervention Techniques), PIECES Education, Dementiability course
- Infection Control and Prevention: IPAC -Public Health Ontario

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## LANGUAGES

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English

Hindi

Punjabi