

ROSEMARY CHINASA NWODO

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PROFESSIONAL SUMMARY

Hardworking and passionate Personal Support Worker with over 2 years of experience assisting Seniors. Highly capable and competent in assisting clients in all Activities of Daily Living and providing excellence in compassionate care to my clients. Devoted to the patient's physical comfort and emotional support.

- Willingness to take on added responsibilities when needed
- Skilled at monitoring client vitals, conducting light housekeeping, assisting with bowel movements and performing personal care tasks
- Able to communicate well and clearly with clients, staff and families
- Experience in long term care and in-home settings providing guidance and support to clients
- Highly trained with both Canadian and Italian experience
- Experience in LOFT CAMH Community service

LANGUAGES -English and Italian language.

SKILLS

- Teamwork and Collaboration
- Relationship Building
- Problem-Solving
- Training and Development
- Flexible and Adaptable
- Covid-19 Immunization
- Grooming and Bathing
- Able to lift clients
- Documentation and Recordkeeping
- Tuberculosis Tested

CERTIFICATIONS -Toronto, ON 2022

- Canadian Food Handler CERTIFICATE
- CPR/First Aid CERTIFICATE
- PSW CERTIFICATE
- Dementia CERTIFICATE
- POLICE Clearance Certificate Canada
- Hand Hygiene CERTIFICATE
- PPE Training CERTIFICATE
- WHMIS CERTIFICATE
- N95 Mask-fit Test CERTIFICATE.

WORK HISTORY

Personal Support Worker

Jan-2021- 2022.

- . Queens Estate Retirement Home/Garden Court Nursing Home/Rekai Sherbourne Long-term Care Toronto ON.
- . CAMH Community service College Street Spadina Toronto ON.
- . LOFT Community service St. Anne's Dufferin Street Toronto ON.

- Turned and positioned bed bound patients to prevent bedsores and maintain comfort levels
- Documented vitals, behaviours and medications in client medical records
- ADL assistance including personal grooming and oral care
- Advised families and healthcare team regarding health concerns, nutrition, cleanliness and activities
- Provided reminders to clients to take medication according to care plans

Certified Personal Support Worker/Healthcare Aid

July 2019 - May 2021

Private Homecare, Community Care and Nursing Home
Comune di Romano d'Ezzelino Community Care, Italy

- Provided such excellent private home care to client through building trusting relationship with client and her family that family continued employment when client had to move to hospital in order to support her in her end of life care.
- Took care of clients in a loving and compassionate way as if they were my own parents and as a result was treated as family by clients and their family members
- Kept house clean by making beds, doing laundry, washing dishes and preparing meals
- Worked in community-based homecare assisting the elderly with eating, shopping, recreational activities, daily meal delivery, general housekeeping, bathing and other ADLs
- Brought clients to appointments and provided companionship to seniors living on their own
- Demonstrated respect, warmth and willingness to help wherever needed
- Maintained excellent attendance record, consistently arriving to work on time
- Actively listened to clients, handled concerns quickly and escalated major issues to the supervisor.

EDUCATION

Personal Support Worker Certificate

City Adult Learning Center CALC (TDSB) Toronto, Ontario

In-class training completed June, 2022 | Placement completed Nov. 2022

Personal Support Worker Certificate Aug 2019-June 2020

Centro Europeo di Formazione (European Training Centre), Vicenza, Italy

High School Diploma 1998-2003

Community Secondary School, Nigeria