

Maneet Singh

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PROFESSIONAL SUMMARY

With 1 year of experience in Canada and 2 years in England, I am skilled in providing personal care (bathing, dressing, toileting), monitoring vital signs, and collaborating with healthcare teams. I am experienced in supporting dementia and mental health patients and have strong stress management abilities. Dedicated to enhancing patient comfort, dignity, and satisfaction through compassionate care and personalized support.

SKILLS

Personal Care: Bathing, dressing, toileting, pad changes

Vital Signs Monitoring: Pulse, blood pressure, temperature

Patient Mobility & Transfers: Safe assistance for movement and mobility exercises

Dementia & Mental Health Support: Specialized care techniques

Emotional Support: Providing comfort and reassurance to patients and families

Stress Management: Maintaining calm in high-pressure situations

WORK EXPERIENCE

Care Partners

Brampton, Ontario

Personal Support Worker

Nov 2023 - Oct 2024

- Assisted clients with daily living tasks to promote independence and maintain well-being.
- Provided personal care including bathing, grooming, dressing, and hygiene support.
- Monitored and recorded vital signs (blood pressure, pulse, temperature) for timely interventions.
- Supported bedbound patients by repositioning to prevent bedsores and ensure comfort.
- Provided mobility assistance to help patients move around both personal and public spaces.
- Maintained detailed records of patient care, contributing to team communication and care continuity.

SLW Sycamore Care Centre

Sunderland, England

Home Support Worker

Nov 2021 - Oct 2023

- Assisted patients with daily activities, ensuring dignity and comfort.
- Performed personal care tasks, including bathing, dressing, and pad changes.
- Monitored and recorded vital signs, contributing to effective medical interventions.
- Collaborated with healthcare teams to develop personalized care plans for patients.
- Provided emotional support to patients and their families, enhancing overall satisfaction.
- Assisted with feeding and safe transfers, reducing fall risks and promoting mobility.

EDUCATION

University of Sunderland

Sunderland, England

BSc in Tourism and Hospitality Management

July 2023

CERTIFICATIONS

Florence Academy, Sunderland

Dementia Care - Alzheimer's Association Certification

First Aid Certification

Personal Support Worker Training