## PRATHIBHA PARAMESWARAN PILLAI

1161 Coronation Drive London, ON, N6G 0B4

(647) 877-2352 prathibhapillai2011@gmail.com

Compassionate and dedicated nurse with extensive knowledge and around 3 years of work experience including geriatric care looking for a new opportunity to provide high-quality, holistic care for clients based on their individual needs.

### **Licenses and Certifications**

- Registered Nurse, CNO, Feb 2025
- Registered Practical Nurse, CNO, Feb 2025
- UCP Certification 2024
- PSW Certification 2024
- First Aid Certificate 2024

- CPR Certificate 2024
- WHMIS 2024
- Safe Food Handler Certificate 2024
- IPAC Certificate 2024
- GPA Certificate 2024

## **Qualities and Skills**

- Excellent communication and interpersonal skills
- Works well independently as well as in a team
- Reliable, hardworking, honest and compassionate

- Maintain privacy and confidentiality
- Active listening skills
- Critical-thinking and problem solving
- Prioritizing, time-management and organization skills

## **Employment Experience**

# **Registered Practical Nurse**

Horizon Place Retirement Living, London, Ontario, Canada.

- Administered treatment and procedures as ordered by physicians
- Maintained controlled drug records and followed safe keeping measures
- Maintained electronic medication administration record (eMAR)
- Provided wound care
- Supervised resident attendants
- Completed incident reports and documentations
- Provided emergency nursing care
- Maintained electronic and paper documents
- Performed admission, discharge and transfer procedures
- Monitored and reported changes in resident behaviors
- Provided emotional support to the residents
- Collaborated with other team members and families of residents

# **Unregulated Care Provider**

Horizon Place Retirement Living, London, Ontario, Canada.

- Administered medication through various routes as ordered by the physician
- Maintained electronic and paper documentations
- Assisted the clients with activities of daily living
- Monitored vital signs
- Assisted the clients with ambulation
- Maintained intake and output records
- Assisted the clients with various recreational activities

Feb 2025 - Present

June 2024 - Feb 2025

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# **Personal Support Worker**

May 2024 - June 2024

Southbridge Long-Term Care Home

- Assisted the residents with tub bath, shower, mouth care, denture care, feeding and grooming
- Provided care for assigned residents independently following nursing care plan
- Assisted with moving the residents using mechanical lifts
- Provided palliative care for the resident
- Performed electronic documentation of resident care

Registered Nurse June 2011 - Oct 2012

Mangala Hospital and Mangala Kidney Foundation, Mangalore, India

- Performed admission, discharge and transfer procedure of patients
- Provided comprehensive nursing care to the sick and ailing pediatric patients
- Provided peri-operative care
- Administered intravenous infusions and blood transfusions
- Assisted the physicians in performing various medical procedures

Registered Nurse June 2008 - June 2009

Kerala Co-operative Hospital Complex, Kannur, India

- Administered medications through various routes following doctor's order
- Performed wound dressing following strict aseptic techniques
- Monitored and recorded vital signs
- Provided NG tube feeding and maintained intake and output chart
- Administered enema and suppository

1486 Richmond St, London, Ontario, N6G 2M3

Collected various specimens

### **Education**

PSW Program, G.A Wheable Adult, Alternative and Continuing Education School, London, ON	June 2024
Master of Science in Nursing, Laxmi Memorial College of Nursing, Mangalore, India	2009-2011
Bachelor of Science in Nursing, Academy of Medical Sciences, Kerala, India	2003-2008

#### References

Olga Radzioshkina (Former DOW Horizon Place Retirement Living) 519-953-0069
Health and Wellness Manager Olga.Radzioshkina@cogirseniorliving.ca
Windermere on the Mount

Gursimran Kaur, RN (647) 673-9907 Horizon Place Retirement Living bhangalgursimran@gmail.com 760 Horizon Dr, London, Ontario, N6H 5G3

Kate Franke, 519-318-8647 PSW Instructor, k.franke@tvdsb.ca

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