

# Parneet Kaur Dhaliwal

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## Professional Summary

Motivated and adaptable professional with hands-on experience in healthcare, customer service, and general labour environments. Skilled in providing excellent service, working collaboratively in fast-paced settings, and maintaining accuracy and safety in all tasks. Strong communication, time management, and problem-solving abilities with proven capability to adapt across nursing, retail, and warehouse roles. Dedicated, reliable, and eager to contribute to team success in any role.

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## Key Skills

- Customer Service & Communication
  - Teamwork & Collaboration
  - Patient Care & Compassionate Service
  - Time Management & Reliability
  - Stocking, Sorting & Inventory Maintenance
  - Physical Stamina (Able to lift 20–30 lbs)
  - Safety Awareness & Infection Control
  - Adaptability in Fast-Paced Environments
  - Microsoft Office (Word, Excel, Outlook)
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## Relevant Experience

### Practical Nursing Student Intern

*Runnymede Healthcare Centre – Toronto, ON*

*Jan 2025 – Apr 2025*

- Delivered **direct patient care**, including **AM care, hygiene support, G-tube feeding, wound care, and tracheostomy care** under RN supervision.
- Monitored and documented **vital signs, intake/output**, and patient status using EMR systems.
- Supported **respiratory assessments** and monitored patients' tracheostomy care plans.
- Maintained strict adherence to **IPAC protocols** to ensure a safe environment for patients and staff.

### **Volunteer – Guest Services Assistant**

*Habitat for Humanity – Brampton, ON*

*Oct 2024 – Nov 2024*

- Assisted with **warehouse operations**, including organizing donations, stocking, and maintaining inventory.
- Greeted visitors, guided new volunteers, and provided **exceptional customer service** to enhance community engagement.
- Fostered a **collaborative and inclusive environment**, demonstrating adaptability and teamwork.
- Assisted with **receiving, sorting, and displaying donated items**.
- Worked collaboratively with team members and supervisors to **load and unload donations**, ensuring proper handling and safety procedures.
- Maintained **cleanliness and organization** of the warehouse to meet safety and operational standards.

### **Practical Nursing Student Intern**

**Brampton Civic Hospital - Brampton, ON**

*Sept 2025 – Present*

- Delivered **patient-centered care** in an **acute care hospital setting** under the supervision of registered staff, demonstrating safe, ethical, and professional nursing practice.
- Performed **comprehensive patient assessments**, including monitoring and interpreting vital signs, neurological checks, and overall health status.
- Supported **medication administration**, including preparing and administering oral, subcutaneous, and intramuscular medications under RN supervision.
- Maintained accurate EMR documentation while applying **infection prevention and control (IPAC)** standards.
- Applied **infection prevention and control (IPAC)** practices and hospital safety policies to maintain a safe environment for patients and staff.

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## **Education**

## **Diploma – Practical Nursing (In Progress)**

Humber College – Etobicoke, ON

*Expected Graduation: April 2026*

- Relevant coursework: Anatomy & Physiology, Pharmacology, Pathophysiology, Health Assessment, Mental Health Nursing, Community Health.
  - Proficient in **high-fidelity simulation labs**, developing emergency response and critical thinking skills.
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## **Certifications**

- Basic Life Support (BLS)
  - Standard First Aid & CPR/AED Level C
  - Police Background Check – Cleared
  - TB Test – Negative
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## **Availability**

- Available on **Wednesdays, Thursdays, Fridays, and Sundays.**