

JOHNBRY CASTELLANOS

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PROFESSIONAL SUMMARY

- Dedicated and hard-working healthcare professional in Kingston with over 8 years of experience providing high-quality care to adults with disabilities, elderly individuals, and home care clients, consistently demonstrating the compassion, professionalism, and respect necessary to thrive as a personal support worker.
- Ability to maintain critical thinking and appropriate decision making in work situations under pressure.
- Skillful to maintain excellent concentration in fast-paced work environments with careful attention to detail.
- Possessing excellent oral and written communication skills in both English and Spanish.
- Capable of typing 75 WPM with 93% accuracy, and proficiency in Microsoft Office Word, Power Point, Outlook and Excel.
- Effective and empathetic communication with people from diverse backgrounds and levels of health literacy.

EDUCATION

Medicine Bachelor's Degree WES equivalency University of Pamplona Colombia	Jul 2009 – Dec 2016
Postgraduate Diploma in Clinical-Surgical Areas University of Antioquia Colombia	Aug 2022 – Mar 2023
Healthcare Administration St. Lawrence College Kingston, ON	May 2024 – Aug 2025

EMPLOYMENT EXPERIENCE

Home Care Physician | Suramericana Health Services EPS | Medellin, COL **Nov 2021 – Mar 2024**

- Developed individualized care plans and monitored patient vital signs, medications, and overall well-being.
- Implemented and evaluated functional limitation scales to assess patient needs with an emphasis on dementia, palliative care, and chronic disabling diseases.
- Managed the full spectrum of patient diagnostics and treatment, from administering a wide range of medications to coordinating specialized imaging studies and laboratory tests.
- Prescribed and monitored medication, with a specific focus on dosage adjustments, managing side effects, and ensuring patient adherence to complex treatment regimens.
- Empowered patients and caregivers through comprehensive education and training including Safe transferring and lifting techniques, fostering greater independence and improving quality of life, also providing respectful of client choices and privacy.

Covid 19 Home Care Physician | Suramericana Health Services EPS | Medellin, COL **Mar 2021 – Nov 2021**

- Diagnosed and managed patients with suspected or confirmed COVID-19, following established clinical guidelines.
- Administered appropriate treatments, made timely referrals, and ordered specific lab tests and imaging.
- Ensured safety by receiving training and properly using personal protective equipment (PPE).
- Accurately documented patient medical histories and clinical conditions, noting subtle changes.
- Participated in regular medical updates on COVID-19 throughout the pandemic.

General Practitioner | Medical Human Talent in Health | Medellin, COL

Nov 2020 – Mar 2021

- Conducted comprehensive medical assessments for a wide range of acute and chronic illnesses.
- Managed chronic conditions like hypertension, chronic kidney disease, obesity and diabetes through both medication and lifestyle counseling.
- Educated patients on their health, treatment options, and preventative care.
- Maintained accurate electronic health records (EHR) for all patient encounters.
- Collaborated effectively with other healthcare professionals and managed public health records for epidemiological reporting.

General Practitioner | Global Health Sinergy | Bucaramanga, COL

Oct 2017 – Oct 2020

- Conducted comprehensive patient consultations to diagnose and treat a wide spectrum of health issues, with a strong focus on primary care and chronic disease management.
- Managed patient records and ensured full compliance with national health regulations and protocols (e.g., SISPRO) for accurate and timely reporting.
- Prescribed and monitored medication while educating patients on proper usage, potential side effects, and lifestyle modifications to improve health outcomes.
- Coordinated referrals to specialists and diagnostic services within the Colombian healthcare system, ensuring seamless transitions of care.
- Participated in continuous medical education and quality improvement initiatives to stay updated on the latest clinical guidelines and enhance patient care standards.

Emergency General Practitioner | ESE Hospital Regional Norte | Tibu, COL

May 2017 – Aug 2020

- Conducted rapid, comprehensive patient assessments to diagnose and manage a wide range of acute medical conditions and traumatic injuries under high-pressure conditions.
- Provided immediate, life-saving interventions including advanced cardiac life support (ACLS), while stabilizing patients for further treatment or transfer.
- Collaborated effectively with a multidisciplinary team of nurses, specialists, and support staff to ensure coordinated care and optimize patient flow in a dynamic environment.
- Managed complex patient cases, from initial presentation to discharge or admission, while accurately documenting all clinical findings, procedures, and treatment plans in electronic health records (EHRs).
- Communicated clearly and empathetically with patients and their families, explaining diagnoses, treatment options, and care plans to ensure informed consent and reduce anxiety during critical situations.

Compulsory Medical Social Service | ESE Hospital San Juan de Dios | Pamplona, COL

Apr 2016 – Apr 2017

- Managed a diverse patient population with a wide range of medical conditions, from common illnesses to chronic disease management, often with limited access to specialized services.
- Provided both primary and emergency care in a resource-limited setting, serving as the first point of contact for acute medical issues and stabilizing patients for transfer when necessary.
- Engaged in community health initiatives and public health programs, including health promotion, disease prevention, and vaccination campaigns.
- Functioned as a key member of the local healthcare team, collaborating with nurses, pharmacists, and community health workers to provide holistic care and support for the community.
- Demonstrated adaptability and resilience by making critical decisions independently and managing complex medical cases without immediate specialist backup.
- Maintained detailed medical records and collaborated with regional health authorities to ensure continuity of care and accurate reporting of public health data.

VOLUNTEER EXPERIENCE

Volunteering in Leisure Activities with Seniors Rehab | Providence Care Hospital

Nov 2024 – Apr 2025

- Provided weekly companionship visits for isolated seniors, engaging with patients through conversation, reading, or playing games to provide companionship.
- Helping patients feel more comfortable and less isolated, especially those without frequent visitors.
- Helping organize and facilitate group activities such as bingo, crafts, or movie viewings.
- Encouraging patient participation in social events and therapeutic activities.

Volunteering in Providence Care Hospice | Providence Care Hospital

Apr 2025 – Present

- Helping with administrative duties, such as answering phones or organizing paperwork at a reception desk.
- Offering friendly visits to family members and patients who want some company and a chat to break up the routine.
- Assisting with kitchen tasks such as food preparation when necessary and under the supervision of staff in charge.
- Providing guidance to people who are visiting the unit to familiarise themselves with it.

ADDITIONAL CERTIFICATES & TRAINING

CELPIP – General Test results | Testing Enterprises Paragon | In Person **(CLB score 9)**

Aug 2025

Mental Health & Wellness, Managers & Leaders | St. John Ambulance | Online

Jun 2025 (Current)

Safe Food Handler Training Certificate | In Good Hands, OMH

(Valid until Apr 2030)

Apr 2025

Mental Health First Aid Standard | Opening Minds, MHCC

Mar 2025

Person-Centred Language: An Overview for Long-Term Care Team Members | CLRI Ontario

Jan 2025

Medical Terminology | St. John Ambulance | In Person

Dec 2024

Valid Ontario`s Driver Licence Class G

Sep 2024

First Aid & CPRA/ED level C (BL) | Canadian Red Cross | In Person

(Valid until Jul 2027)

Jul 2024