

Rojwinder Kaur

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Objective- Dedicated **Internationally Educated Nurse** with **3 years 8 months** of experience assessing patient health problems, maintaining medical records, and executing nursing care plans. Seeking to leverage proven case management skills in the health care setting. Licensed to practice in India and possess a **B.Sc in Nursing and post-graduate diploma in Health family welfare and population education.**

Currently in Canada (Mississauga) as Permanent Resident, looking for new job positions well suited to potential and experience

PROFESSIONAL EXPERIENCE

Post Graduate Institute of Medical Education and Research (PGIMER), Chandigarh, India

Registered Nurse - Advanced urology center (AUC), April 2019 – Present

Registered Nurse – Burn intensive care unit (BICU), Feb – April 2019

Skills - Skin and wound care, suctioning, catheter care, oxygen supply resuscitation, and glucose testing, monoclonal antibody therapy, intravenous immunoglobulin (IVIG) infusions, chemotherapy infusions

- Care for 20+ patients with medical surgical diagnosis
- Administers medications and treatment as prescribed by doctor
- Recording vital signs, tube feeding, giving enema, bowel wash dressing, stroma wash, eye and ear care
- Assess, evaluate, and delivers needed nursing care in Covid-19 intensive care units
- Provides pre- and post-operative care
- Assists in urological and other investigational procedures e.g., Urodynamic studies (UDS), Per-vaginal examination, Central line insertion, Endo-tracheal (ET) tube insertion and tracheostomy etc.
- Treated patients with burns requiring ventilator support
- Attends to nutritional needs of patient and feeds helpless dependent patients
- Develops discharge planning process of patient
- Maintain records of admission, transfer, and discharge
- Maintain safe and clean environment for patients
- Collaborate with the members of interdisciplinary health team to plan, implement, co-ordinate and evaluate patient care in consultation with patients and their families
- Managed patients suffering from end-stage renal disease (ERSD), metastatic carcinoma of urinary bladder, benign prostatic hyperplasia, Posterior pelvic fracture urethral distraction defect (PFUDD) and renal stone and educated their families in care practices
- Observes any change in patient conditions and records, takes necessary actions and reports to concerned authority or doctor
- Checks the response of given care and treatment
- Train and mentor new staff with the newest innovations in patient care methodology, increasing efficiency and reducing labor needs by 10%

- Monitor and communicate patient health status with an interdisciplinary team of nurses and patient care professionals
- Collection and sending of specimens

Post Graduate Institute of Medical Education and Research (PGIMER), Chandigarh, India Registered Nurse Intern, March 2018 – Aug 2018

Skills – Labor, triage, circulator, baby/rover, birthing support, uterine massage, breast feeding initiation, pre and post operation care, ventilator care

- Accumulated 1205 hours of intensive clinical experience managing multiple patients simultaneously, under supervision
- 240 hours of midwifery and obstetrical nursing, 195 hours of community health nursing, 430 hours of Medical surgical nursing (Adults including geriatrics), 145 hours of child health nursing, 95 mental health nursing
- Provided mother and newborn assessments and handled emergent c-sections, forceps and ventose assisted deliveries and preeclampsia during rotations

EDUCATION

Panjab University, Oct 2019- Sept 2020

- Post graduate diploma in health family welfare and population education

Post Graduate Institute of Medical Education and Research (PGIMER), Sept 2014- Aug 2018

- Bachelor of Science in Nursing (4yrs)

LICENSES AND REGISTRATIONS

- Registered Nurse and midwife by Punjab nurses' registration council (PNRC): India, License # 20433

ADDITIONAL SKILLS

- Proficient in English, Punjabi and Hindi
- Basic computer skills

ENGLISH PROFICIENCY TEST

- **IELTS**- Overall 7.5 and CEFR level- C1 (General training) with individual module scores L-8.5, R-7, W-7.5, S-7

PROFESSIONAL SUMMARY

- Compassionate, efficient communication,
- flexible, calm under pressure
- empathetic, emergency response to crisis
- proficient in MSword, Outlook, MS Excel