

Balwinder Kaur

548-255-6161

1893 Dunkirk Avenue, Woodstock, ON N4T 0L7

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Summary

Canadian RN status, Internationally trained Registered Nurse, with over 7 years of experience in emergency nursing in multi super specialty hospital, India, long term and retirement home environments. Provide patient-centred care while creating positive rapport with patients, family and staff. Excellent interpersonal skills. Fluent in English, Punjabi and Hindi.

Skills

Critical Thinking and Problem Solving

- Strong analytical skills with the ability to make quick decisions in high pressure situations
- Experienced in developing and implementing effective case strategies based on patient assessments and clinical guidelines

Documentation and Record Keeping

- Proficient in maintaining accurate and detailed patient records
- Experienced in PCC and POC health record systems

Team Collaboration

- Proven ability to work effectively as part of a healthcare team, collaborating with physicians, specialists and other healthcare professionals

Regulatory Competence

- Experienced in assessing vital signs, implementing patient care plans and monitoring patient progress
-

Employment Experience

CARESSANT CARE, Woodstock, ON

2023 – Present

Guest Attendant/UCP

- Observe patient wellness, implement care plans and assist with daily living contributing to overall health
- Administer medications to up to 20 patients per shift
- Utilize problem solving skills to assess crisis situations and implement solutions including dementia care, fall management and de-escalating behaviours
- Accurately manage vitals and shift documentation
- Act as a leader when coordinating mock drills for Fire Code preparation

GRECIAN SUPER SPECIALITY HOSPITAL, Punjab, India

2018 – 2023

Emergency Department Charge Nurse

- Provide bedside patient care contributing to overall patient care and safety
- Manage all aspects of emergency department including leading department meetings and coordinating with other hospital departments

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SPS APPOLO HOSPITAL, Punjab, India

2015 – 2018

Triage Nurse

- Quickly assess patients upon arrival and complete vitals and symptom assessments
 - Work closely with staff to ensure smooth patient flow and facilitate communication between departments
 - Supported a variety of patients including adults, the elderly and pediatric
-

Education and Training

CONESTOGA COLLEGE, Kitchener, ON

Health Care Administration Management

2024

Personal Support Worker Certificate

2023

PUNJAB NURSING REGISTRATION COUNCIL, Mohali, India

2015

General Nursing and Mid Wifery

Registered Nurse in Ontario.

CANADIAN RED CROSS, Kitchener, ON

First Aid – BLS Certificate

References Available Upon Request