
SHARNJEET KAUR SANDHU

REGISTERED NURSE: 25991455

Brampton, Canada L7A 3M3 ♦ 437-777-3560 ♦ sharnjeet1991sandhu@gmail.com

PROFESSIONAL SUMMARY

Compassionate and highly organized Registered Nurse with diverse experience across clinical care, mental health services, Gerontology, community-based service access, and care navigation. Proven ability to assess physical, emotional, and psychosocial needs and translate them into individualized, client-centered care plans. Strong leadership and communication skills with a demonstrated ability to support and guide caregivers, collaborate with interdisciplinary teams, and deliver premium client experience.

LICENSES AND CERTIFICATIONS

- Registered Nurse (Active- 25991455)
- ACLS (Advance Care Cardiac Support)
- BLS (Basic Life Support)
- RNAO Membership
- First Aid & CPR
- CPI (Crisis prevention interventions)
- GPA (Gentle persuasive Approaches)
- PIECES/ Dementiability training
- Mental Health First Aid
- IPAC (Infection Prevention and Control)

CORE COMPETENCIES & SKILLS

- Comprehensive health Assessment & Care Planning
- Vital signs monitoring and documentation
- Medication administration (IV, IM, Oral)
- Strong critical thinking and decision-making skills
- Early Recognition of Patient Deterioration
- Interdisciplinary Team Collaboration
- Demonstrated motivation for continuous learning and professional development
- Patient & Family Education
- Time Management & Prioritization
- Accurate Documentation Meditech& EHR Use
- Professional Accountability & Ethical Practice
- Multilingual (English, Hindi, Punjabi)

PROFESSIONAL WORK EXPERIENCE

Clinical Placement Student Nurse | Humber River Hospital Medical-Surgical Unit & Inpatient Stroke Unit | 400 Hours | 2023

- Conducted comprehensive physical and psychosocial assessments, medication administration, documentation, and interdisciplinary communication.
- Gained exposure to acute care workflows, hospital documentation standards, and patient safety protocols.

- Provide education and support to patients and families regarding disease progression, safety strategies, and care planning.

Service Access Coordinator, 11/2024 - Current

Alzheimer Society Peel

- Review, triage and process **referrals** including First Link, RAI, Ontario Health at Home (OHaH)
- Conducted **quality check-up surveys** to evaluate client satisfaction, care delivery, and caregiver performance
- Monitored service delivery, identified barriers to care, and implemented solutions to improve client outcomes
- Conduct comprehensive assessments for clients with **complex cognitive, behavioral, and medical needs**, prioritizing safety and appropriate service placement.
- Apply clinical judgment to identify risk, escalate concerns, and coordinate timely interventions.

Client Service Facilitator (Adult Day program), 10/2018 - 11/2024

Alzheimer Society Peel

- Provided direct care to clients with moderate to severe dementia and co-occurring mental health conditions, including anxiety, depression, psychosis, and responsive behaviors.
- Provided restorative care and assisted patients with mobility, ADLs, and daily routines to maximize independence.
- Conducted ongoing **mental status observations**, behavioral assessments, and monitoring of mood, cognition, and safety risks.
- Utilized **crisis intervention, CPI, and Gentle Persuasive Approaches** to manage agitation, aggression, and emotional distress.
- Supported a **safe and therapeutic environment**, prioritizing dignity, autonomy, and recovery-focused care.

Registered Nurse, 05/2014 - 07/2016

India

- Administered medications (IV, IM, oral), inserted NG tubes and catheters, and monitored vitals.
- Provided wound care, recovery assistance, and health education to patients and families.
- Continue monitoring and health assessment

EDUCATION

Bridging Program for IENs: Academic Pathways for International Nurses, 09/2024

George Brown College - Toronto, ON

Diploma in General Nursing Midwifery, 07/2013

Guru Nanak College of Nursing - India

Social Service Worker Gerontology, 04/2018

Sheridan College - Brampton, ON

Community Support Worker (expected June,2026)

Taha College, - Brampton