

AKRITY THAKUR

Brampton, Ontario

4376776970, akritythakur2@gmail.com, www.linkedin.com/in/akrity-664b211bb

PROFESSIONAL SUMMARY

Compassionate and reliable Personal Support Worker (PSW) with hands-on experience in community care, long-term care, dementia support, and palliative principles. Demonstrated ability to provide direct personal care, support activities of daily living, recognize changes in condition, and communicate effectively with clients, families, and interdisciplinary teams. Proven to work independently in home care settings while adhering to care plans, safety standards, and organizational policies.

CORE COMPETENCIES

- Personal Support & Direct Care
- Palliative & End-of-Life Support
- Resident-Centered & Relationship-Based Care
- Family Communication & Education
- Resident-Centered & Dignity-Focused Care
- Care Plan Implementation & Updates
- Activities of Daily Living (ADLs) Assistance
- Infection Prevention & Control (IPAC)
- Geriatric & Dementia Care
- Change-in-Condition Recognition & Reporting
- Emotional Support & Compassionate Care
- Resident Safety and Escalation of Care

LANGUAGES

- English, Hindi, and Punjabi (Oral and Comprehension) - Advanced level.

CERTIFICATIONS

- Red Cross Standard First Aid and CPR/AED Level C and/or BLS Certificate.
- RNAO 3Ds Certificate.
- Ontario Human Rights Commission Call it out Certificate.
- Ageism Certificate.
- Taking Ownership in Palliative Care Certificate.
- Volunteered in Sampling and Vaccination during COVID-19 Certificate.
- Mask Fit Test Certification.

WORK EXPERIENCE

Personal Support Worker

Nov 2024 - Present

The Key- Senior Home Care, Waterloo, Ontario.

- Provide direct personal support and care to clients in the community, addressing physical, emotional, social, and dignity-focused needs.
- Assist with activities of daily living, including ambulation, feeding, bathing, grooming, toileting, and mobility support.
- Support clients with cognitive impairment, dementia, and palliative needs, promoting comfort, safety, and quality of life.
- Work independently in home care settings, following individualized care plans and established work routines.

Nursing Student, Co-op placement**Sep 2025 - Dec 2025**

WRHN Midtown (Acute Care for Elderly Unit), Kitchener, Ontario

- Assisted residents with personal care, mobility, hygiene, nutrition, and safety needs in a long-term care environment.
- Supported residents with dementia and complex health conditions while maintaining dignity and resident-centered care.
- Followed nursing care plans and facility policies to ensure safe and consistent care delivery.

Nursing Student, Co -op placement**May 2025 - Aug 2025**

WRHN Midtown (Stroke Unit), Kitchener, Ontario

- Supported medically complex older adults with daily care needs, mobility assistance, and safety monitoring.
- Recognized and escalated changes in patient condition to nursing staff promptly.
- Assisted with discharge planning and interdisciplinary communication to support safe transitions of care.

Nursing Student, Co-op placement**Jan 2025 - Apr 2025**

Schlegel Villages, Waterloo, Ontario

- Assisted patients with functional mobility, positioning, feeding support, and comfort measures.
- Provided patient and family education related to safety, mobility, and recovery expectations.
- Participated in interdisciplinary care planning to promote continuity of care.

Staff Nurse, Surgical Intensive Care Unit**Apr 2024 - Jul 2024**

Mohandai Oswal Hospital, Ludhiana, Punjab

- Delivered high-acuity patient care while supporting comfort, safety, and emotional needs.
- Responded to changes in patient condition and escalated care appropriately.
- Supported patients and families during periods of critical illness.

EDUCATION**Enhanced Practice for Internationally Educated Nurses - EPIEN****Sep 2024 - Dec 2025**

Conestoga College, Kitchener, Ontario.

- GPA – 3.74 (Distinction).

Bachelor of Science in Nursing - BScN**Aug 2018 - Feb 2023**

Christian Medical College, Ludhiana, Punjab

IMMUNIZATION AND TESTS

- Completed all doses of immunization (MMR, Varicella, Tdap, Hep-B) And Tb skin tests.
- Covid- 19 vaccination proof.