

Ratandeep kaur

Personal Support Worker

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Professional Summary

I am seeking a Personal Support Worker position where I can utilize my skills and abilities to provide compassionate care and support to individuals in need. With a focus on professional growth and a strong commitment to enhancing the quality of life for clients, I aim to contribute to a positive and safe environment. I embrace challenges as opportunities to learn and develop new skills.

Core Skills

- Patient Assessment □ Team Leadership □ Problem Solving
- Palliative care □ Effective Communication □ Critical Care
- Emotional Support □ Critical Thinking □ Time Management

Professional Experience STUDENT (PSW) | The Elliott Long-Term Care Community - Guelph, Ontario | November 2025 - December 2025

- Provide safe, compassionate, and person-centered care to elderly residents under the supervision of registered staff.
- Assist residents with daily tasks like bathing, dressing, grooming, toileting, and feeding.
- Monitored and reported changes in residents' conditions
- Supported safe transfers and mobility using assistive devices
- Follow individual care plans and maintain residents' dignity, privacy, and independence

Professional Experience STUDENT (PSW) | Wellington Terrace- Fergus, Ontario | July 2025 - September 2025

- Maintained a **clean, safe, and organized resident environment**, following infection prevention and control standards
- Responded promptly to **call bells and resident requests**, ensuring comfort and safety
Monitored and reported changes in residents' conditions
- Communicated effectively with **nurses and interdisciplinary team members** regarding resident care needs
- Ensured **proper documentation** and confidentiality in accordance with privacy legislation

Education & Training

Personal Support Worker | Conestoga College - Guelph, ON | jan-dec 2025

Certifications

- Basic Life Support – Canadian Red Cross (Feb 2025)
- CPR & First Aid Level C – Canadian Red Cross (Feb 2025)
- CRADLE Certificate

Availability (Full Time)

Anytime Day/Night

References

Divina from Wellington 3rd floor(The Elliot community)