

Ramanpreet Kaur

Mississauga, ON | Phone: 437-928-6627 | Email: mannraman1313@gmail.com

Professional Summary

Compassionate and reliable Personal Support Worker (PSW) with over 3 years of hands-on experience providing resident-centered care in retirement homes, home care, and community settings. Highly skilled in assisting with activities of daily living (ADLs), dementia and Alzheimer's care, safe transfers, infection prevention and control, and resident safety. Demonstrated ability to work effectively in fast-paced healthcare environments while maintaining dignity, comfort, and independence of residents in compliance with Ontario healthcare standards.

Core Competencies

- Activities of Daily Living (ADLs)
- Dementia & Alzheimer's Care
- Safe Transfers & Mechanical Lifts
- Infection Prevention & Control (IPAC)
- Medication Reminders
- Fall Prevention & Safety Monitoring
- Documentation & Care Plans
- Emotional Support & Companionship
- Team Collaboration & Communication
- Time Management & Prioritization

Professional Experience

Personal Care Attendant (Full-time)

Richview Manor Retirement Home – Vaughan, ON

Feb 2024 – Present

- Provide compassionate daily care assisting residents with bathing, grooming, dressing, toileting, feeding, and mobility.
- Support safe ambulation using mechanical lifts, walkers, and wheelchairs to reduce fall risks.
- Monitor residents' physical and emotional condition and promptly report changes to nursing staff.
- Assist with meal preparation and feeding while following dietary and safety guidelines.
- Maintain strict infection prevention and safety standards in accordance with facility policies.
- Collaborate with nurses and interdisciplinary team members to deliver high-quality resident-centered care.

Personal Care Attendant (Full-time)

Ontario Health Care Agency – Toronto, ON

May 2023 – Jan 2024

- Delivered client-centered care in home and community settings.
- Assisted clients with personal hygiene, mobility, ADLs, and medication reminders.
- Documented care activities accurately and followed individualized care plans.
- Provided emotional support and companionship to promote client well-being and independence.

Private Caregiver – PSW (Part-time)

Home Instead – Brampton, ON

Feb 2022 – Aug 2022

- Assisted clients with mobility, personal hygiene, and light household tasks.
- Promoted independence, dignity, and safety within the home environment.
- Provided companionship and emotional support to enhance quality of life.

PSW Clinical Placement

Revera King's Garden Retirement Home – Mississauga, ON

2021

- Completed supervised training in resident care, dementia support, and safety procedures.
- Gained hands-on experience following care plans and infection control protocols.

Education

Personal Support Worker (PSW) Diploma – Canadore at Stanford, Scarborough, ON (2021)

Baking Skills Diploma – Centennial College

High School Diploma (Medical Stream) – S.G.D. Grammar Senior Secondary School, Ludhiana (2020)

Certifications

- First Aid & CPR – Level C
- UCP Certificate
- Vulnerable Sector Check
- Immunization Record & TB Test