

Ramanpreet Kaur

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Address: 63 Maddy Beth crescent,
Brampton, L6Y 5R8

OBJECTIVE:

Motivated and reliable professional with one year of warehouse experience and personal support work in an old-age home as well. Seeking to leverage strong organizational skills, physical endurance, and compassionate caregiving in a new role. Able to work independently and as part of a team to achieve goals and provide quality service.

EXPERIENCE:

Role-: Personal Support Worker

(MAY 2024 – Present)

Holland Christian Homes (Brampton, ON)

Provided personalized care to elderly residents, including assisting with daily living activities such as bathing, dressing, and eating.

Supported residents with mobility, ensuring safe transfers and movements throughout the facility.

Administered medications as per prescribed schedules and provided monitoring for any adverse reactions.

Maintained detailed and accurate records of residents' health and progress.

Collaborated with nursing and medical teams to ensure holistic care and attention.

Fostered a caring and supportive environment, promoting the well-being and dignity of residents.

Role-: Warehouse worker

(March2023 -April 2024)

Newrest inflight catering (Mississauga)

Assisted in receiving, sorting, and storing inventory in the warehouse.

Prepared items for shipment, ensuring all orders were packed accurately and efficiently.

Operated warehouse equipment such as forklifts, pallet jacks, and hand trucks.

Maintained a clean, organized, and safe working environment in compliance with safety regulations.

Performed inventory counts and reported discrepancies to supervisors.

CERTIFICATIONS-:

- CPR and First aid certification
- Health and safety training
- Police clearance certificate

SKILLS:

- Basic caregiving: assisting with daily living activities, mobility, and medication.
- Health and safety compliance.
- Time management and multitasking.
- Compassionate and patient with elderly clients.
- Ability to work under pressure in fast-paced environment.

EDUCATION:

- Early childhood Education assistant (ECEA) – DEA Canadian college, North Vancouver (Dec 2025- present)
- Diploma/Computer system technician- Networking ST. CLAIR, Mississauga (Jan 2023- April2024)
- High School (April 2020 – March 2021)- Maharaja Ranjit Singh Sen. Sec. School Tapa Bath, Punjab

AVAILABILITY : Monday to Sunday – Full Time