### LOVEPREET KAUR

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## **Objective**

Dedicated and highly skilled Nurse with over 4 years of experience in Intensive Care and Coronary Care Units. Seeking a challenging position that values expertise and provides opportunities for professional growth and development.

## **Professional Summary**

- Experienced in providing high-quality care in critical and emergency settings, with a strong background in cardiac care, telemetry monitoring, and advanced life support techniques.
- Adept at assessing and managing complex patient conditions, including rapid response to acute illnesses and trauma.
- Proven ability to collaborate effectively with multidisciplinary teams and communicate clearly with patients and their families.
- Proficient in various nursing procedures and technologies, including mechanical ventilation, CV line insertion, ETT intubation, and arterial line placement.

# **Work Experience**

#### Personnel support worker(PSW)

(August 2024-December 2024)

Worked with Agency (Apollo Health Care Services )

- -Assist clients with personal hygiene, grooming, bathing, dressing, and toileting.
- -Help clients with mobility issues, transfers, and positioning to prevent pressure sores.
- -Assist clients with medication reminders, administration, and monitoring.
- -Prepare meals, assist with feeding.
- -Provide emotional support, companionship, and socialization to reduce feelings of loneliness and isolation.
- -Respond to emergencies, such as falls or medical crises, and provide basic first aid.
- -Monitor clients' vital signs, such as temperature, blood pressure, and pulse.

- -Communicate with clients, families, and healthcare professionals to ensure comprehensive care.
- -Maintain accurate records of client care, progress, and concerns.
- -Provide end-of-life care, focusing on comfort, pain management, and emotional support.
- -Support clients with dementia, using specialized techniques to promote communication, safety, and well-being.
- -Care for children with special needs, providing developmental support and promoting independence.

### •Cardiac Nurse (October 2019 – October 2023)

Dayanand Medical College and Hospital, Ludhiana, Punjab, India

- Delivered expert care to patients with acute and chronic cardiovascular conditions, including those in critical and emergency situations.
- Conducted thorough assessments of patient conditions, developed and implemented individualized care plans, and adjusted treatment based on ongoing evaluations.
- Administered medications, monitored vital signs, and performed advanced procedures such as mechanical ventilation and chest tube placement.
- Collaborated with healthcare teams to ensure comprehensive patient care and effective communication.
- Managed emergency situations, provided initial diagnoses, and administered life-saving interventions.

# **Key Achievements**

- Successfully cared for over 20 critical patients per shift in a 30-bed Cardiac Emergency Centre.
- Gained extensive experience in ICU and emergency department settings.
- Acted as a frontline healthcare worker in isolation wards during the COVID-19 pandemic, contributing to patient care and infection control efforts.

### **Education**

#### Bachelor of Science in Nursing

(October 2015 – October 2019)

Baba Farid University of Health Sciences, Punjab, India

#### Secondary Education

(April 2014 – March 2015)

Guru Gobind Singh Khalsa College for Women, Jhar Sahib, Punjab, India

### **Certifications and Licenses**

- Registered Nurse, College of Nurses of Ontario, CANADA

Registration Number: 25005912

- Registered Nurse, Punjab Nurses Registration Council of India

Registration Number: 25895

- Registered Midwife, Punjab Nurses Registration Council of India

Registration Number: 25895

- -CPR/BLS/firstAid (6/02/2025- 6/02/2027)
- -ACLS (22/04/2025- 22/04/2027)
- -PALS (23/04/2025- 23/04/2027)
- -WHMIS certificate

## **Key Skills**

- Critical Care: Expertise in CCU and ICU care, including patient monitoring and advanced life support.
- Emergency Response: Skilled in rapid assessment and management of acute medical conditions and trauma.
- Technical Proficiency: Experienced in mechanical ventilation, CV line insertion, ETT intubation, and arterial line placement.
- Patient Care: Ability to develop and implement care plans, administers medications, and provides comprehensive support.
- Communication: Excellent interpersonal skills with a strong ability to collaborate with medical teams and communicate with patients and families.

# Languages

- English (Fluent)
- Hindi (Fluent)
- Punjabi (Fluent)