

Balpreet Kaur

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Professional Summary

Hard working and dedicated Registered Nurse with a strong desire to secure a position in the health care field. Eager to utilize previous clinical experience to expand role and contribute to improving in patient and professional outcomes. Patient -focused approach, demonstrating exceptional care, clinical knowledge, and experience. Effective and valuable member of any interdisciplinary team. Proven ability to enhance patient outcomes through evidence-based interventions and effective communication. Skilled in critical thinking and interdisciplinary collaboration, ensuring holistic care that addresses both physical and emotional needs. Proven track record in managing complex cases and delivering exceptional care.

Skills

- Medication administration • Patient records
- Care plan management • Telemetry monitoring
- Interdisciplinary collaboration • Compassionate communication • Direct patient care • Patient assessments
- Patient care • Infection control
 - Team collaboration • Medication administration .
 - Long Term Care and Documentation and charting.

Work Experience

Student Nurse SPEP RN

King Nursing Home, Bolton, January,2026-

February , 2026

- Monitored assigned patients, updating information on vital signs and progress of treatment.
- Documented data related to patient care ,including assessment results ,interventions, medications, patient responses or treatment changes to ensure proper care documentation.
- Assessed patient conditions while ordering/evaluating diagnostic tests for optimal outcomes.
- Planned and supervised different care activities ,goals and safety achievements of residents acquiring frequent commendations from the perceptor for efficiency and promptness.
- Managed and spearheaded patient mobilization and positioning tasks to prevent skin breakdown and falls.
- Provided care to 21 residents daily in the morning during busy shifts in the Dementia unit.
- Utilized Point Click Care System for meticulous documentation of patient progress notes,interventions and care plans,entering orders and confirming in the EMAR and TAR.
- Assisted the assigned RN for the new admission procedure.
- Prevented the spread of infections by consistently adhering to strict infection control protocols and educating patients on proper hand hygiene practices.
- Communicated with health care team members to plan ,implement and enhance treatment strategies.

Student Nurse, 04/2022 to 08/2022

Baycrest Health Care – Toronto, ON

- Assisted in performing vital sign assessments and monitoring patient conditions.
- Gained experience in administering medications under supervision according to protocols.
- Learned and skilled in documentation according to hospital policies
- Actively participated in and reported on the assessments, care planning, and evaluation of outcomes of the physical activity.
- Administered medication via injection, topical application, and through tube feeding.
- Advocating for and participating in the maintenance of the clients skin integrity.
- Performed wound dressing procedures following special aseptic procedures.
- Performed head to toe assessments.
- Documented client care activities and observations in medical records accurately.

Volunteer Assistance , 04/2019 to 02/2020

Davis Centre Long Term Care – Bolton, ON

- Self-motivated, with a strong sense of personal responsibility.
- Assist the client in mobilization.
- Encourage clients to communicate.
- Worked effectively in fast-paced environments.
- Performed physical assessments to prevent pressure ulcers and rashes.
- Performed assistance in activities of daily living by dressing, grooming, bathing and toileting patients.
 - Advocated for patients by supporting and respecting basic rights, values and beliefs.
 - Answered call lights and supported patient comfort and safety by adjusting bed rails and equipment.
 - Completed activities of daily living for patients unable to self-care, and assisted those with limited mobility in completing tasks.
 - Helped patients care for themselves by teaching proper, safe use of ambulation assistive devices such as canes or walkers.
 - Delivered compassionate care and clear communication in handling issues of death and dying.

Registered Nurse, 08/2012 to 04/2016

Sahib Nursing Home – Punjab, INDIA

- Provided care to patients with acute and chronic conditions managed post-operative cases.

- Administered medications, I.V therapy and monitored results.
- Preparing and managing clients records, preparing care plans and risk assessments.
- Accurately documented all observations and care provided.
- Demonstrated skills regarding I.V therapy, TPN, NG tubes, blood collection, specimen collection and electronic documentation.
- Performed advanced nursing and assessment skills to promote client care.
- Able to work in a stressful environment, prioritizing client care needs and making autonomous decisions in compliance with policies and procedures.
- Enhanced patient satisfaction by providing compassionate, holistic nursing care that addressed physical, emotional, and spiritual needs.
- Skillfully managed challenging patient situations using de-escalation techniques, crisis intervention strategies, and therapeutic communication skills.
- Improved patient outcomes by implementing evidence-based nursing interventions and individualized care plans.
- Implemented evidence-based fall prevention strategies, resulting in a significant decrease in patient falls within the unit.
- Assisted with labor and delivery, conducted antenatal and postnatal assessments, provided emotional support to new mothers and cared for patients undergoing gynecologic surgeries. • Supported medical consultations, conducted preliminary assessments and educated patients about condition management.

Education

Nursing Bridging Program: Nursing, 08/2022

George Brown College - Toronto

General Nursing And Midwifery Diploma in Nursing: Nursing Midwifery, 07/2012

International College of Nursing - PUNJAB, India

Languages

English

Full Professional

Hindi

Certifications:

Standard CPR/AED/BCLS/Vulnerable
sector Police check/N95 Mask fit

Licenses:

Registered Nurse ; College of Nurses
of Ontario

Reference :

Available upon request