

RACHNA BHAGAT

(437)-388-1220 | drrachnabhagat25@gmail.com | BRAMPTON, ONTARIO

OBJECTIVE

Dynamic and compassionate Physiotherapy Assistant with a strong background in patient care and rehabilitation support. Dedicated to improving patient outcomes through effective therapy techniques and personalized care plans. Proficient in therapeutic exercises, modalities, and patient education. Seeking to leverage clinical expertise and excellent interpersonal skills in a dynamic healthcare setting.

SKILLS

- Strong understanding of anatomy, physiology, and musculoskeletal conditions.
- Ability to assist patients with mobility exercises and activities of daily living.
- Skilled in conducting patient assessments and documenting treatment progress.
- Excellent communication and interpersonal skills.
- Ability to work effectively in a team-based healthcare environment.
- Knowledge of healthcare regulations and patient confidentiality guidelines.
- Proficient in using electronic medical record (EMR) systems, SOAP notes.
- Proficient in therapeutic exercises and modalities such as ultrasound, TENS, and LASER.

WORK EXPERIENCE

PHYSIOTHERAPY ASSISTANT

RAPID RELIEF PHYSIOTHERAPY, BRAMPTON, ONTARIO

AUGUST 2024- CURRENT

- Performing front desk and administrative procedures- greeting patients, scheduling and confirming appointments, following up with patients.
- Administer tests using equipment, instruct patients on test procedures and record results and monitor, check and calibrate auditory equipment.
- Monitor and report patient progress to the physiotherapist.
- Physical stamina to assist patient with mobility and exercises.
- Experience in administrating modalities such as laser therapy.
- Cleaning and preparing exercise equipment for patients.
- Perform general clerical duties.

HOSPITAL ELDER LIFE PROGRAME (HELP) - VOLUNTEER

BRAMPTON CIVIC HOSPITAL, BRAMPTON, ONTARIO

CURRENT

- Worked with interdisciplinary healthcare teams to put treatments into place that help older individuals maintain their functional independence and avoid delirium.
- Participated in the execution of sensory, motor, and cognitive exercises designed to improve patients' overall wellbeing.
- Trained patients and their families on preventative techniques to lower problems associated with hospital stays.
- Collected data on patient outcomes to contribute to quality improvement and research efforts.
- Maintained accurate documentation and ensured compliance with hospital policies and protocols.
- Demonstrated cultural competence and sensitivity while addressing the needs of a diverse elderly population.

PHYSIOTHERAPY ASSISTANT

THICKE HEALTH GROUP, BRAMPTON, ONTARIO

AUGUST 2024- SEPT 2024

- Collaborate with other healthcare professionals to ensure coordinated care for patients.
- Assist patients with mobility exercises, transfers, and ambulation as needed.
- Educate patients and their families on injury prevention techniques and home exercise programs.
- Administer modalities such as ultrasound, electrical stimulation, and heat/cold therapy as directed by the physiotherapist.
- Document patient progress and treatment interventions in electronic medical records.

PHYSIOTHERAPY ASSISTANT

STONEGATE PHYSIOTHERAPY MASSAGE CLINIC, AIRDIE, AB

JAN 2023- APRIL 2023

- Collected assessment data for physical therapist review and referral to other specialists as necessary
- Maintained positive interaction with facilities and clients, enhancing client relations.
- Worked with physical therapist and other disciplines to provide adaptive equipment for improving patient function.
- Recommended treatment modifications to improve patient progress, safety and comfort.
- Collaborate with other healthcare professionals to ensure coordinated care for patients.

PHYSIOTHERAPIST

RAVINDRA CHARITABLE HOSPITAL, PUNJAB

SEPT 2019-JULY 2022

- Treated patients to relieve pain to develop or restore function and maintain maximum performance.
- Collaborated with PT to assist in assessment and modifications to plan of care.
- Worked with senior physical therapists and other disciplines to provide adaptive equipment for improving patient function.
- Measured patients range of joint motion, body parts in vital signs to determine effects of treatments and information for patient evaluations.

BABA FARID UNIVERSITY OF HEALTH AND SCIENCES, FARIDKOT, PUNJAB

INTERNSHIP

JAN 2019-AUG 2019

- Observed and assisted physiotherapists in providing treatment to patients with various orthopedic and neurological conditions.
- Assisted with administrative tasks such as scheduling appointments and filing patient records
- Prepared treatment areas and equipment for patient appointments.
- Provided emotional support and encouragement to patients during therapy sessions.

EDUCATION

Graduate Certificate Program – Healthcare Management

Jan 2024- Aug 2024

Northern College at Pures College of Technology, Scarborough, ON, Canada

Graduate Certificate Program – Pre Health-Sciences

Jan 2023 – Sep 2023

Northern College at Pures College of Technology, Scarborough, ON, Canada

Bachelor of Physiotherapy

Aug 2014 – Aug 2019

Baba Farid University of Health and Sciences, Faridkot, India

TRAINING

- Trained in Emergency **First Aid & AED & CPR C** by WSIB guidelines.
- HOSPITAL ELDER LIFE PROGRAMME TRAINED

--References are available upon request. ---