

KARMJEET KAUR

CONTACT



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com



Brampton L7A2G9

SKILLS

- Strong verbal and written communication skills
- Ability to work independently
- Ability to work in team
- Quick learner
- Ability to work in stressful environments
- Personal hygiene assistance
- Emotional support
- Social support
- Interpersonal communication

LANGUAGES

- **English**

PROFESSIONAL SUMMARY

Dedicated Personal Support Worker intern at Extencicare, adept at enhancing resident well-being through effective communication and critical care experience. Proven ability to thrive in stressful environments while maintaining safety standards. Skilled in medication administration and committed to fostering teamwork and providing compassionate support for optimal health outcomes.

EXPERIENCE

May 2024 - July 2024

Personal Support Worker Internship

Extencicare, Brampton

- Provides necessary care to the residents.
- Assist them in their daily life activities Knowledge regarding POC and recording.
- Coordinating with the staff nurse and update the team regarding any changes regarding residents' health.
- Maintain a clean, safe and orderly environment for residents adhering to health and safety standards.
- Provide companionship and emotional support to enhance resident wellbeing and quality of life.
- Assisted residents in and out of bed and wheelchairs, using safe lifting and transferring techniques.
- Developed strong interpersonal skills through providing compassionate care to clients.
- Assisted residents in activities of daily living to maintain health and dignity.
- Proficient in providing personal care such as bathing, dressing, grooming and toileting.

- Engaged clients through conversation and companionship, promoting independence and meeting social requirements.
- Responded to resident dining needs and assisted with feeding.
- Provided proper care and observation of patient's skin to prevent breakdown.
- Skilled at creating a safe environment for clients by monitoring changes in physical or mental health status.

EDUCATION

July 2024

Personal support worker in Nursing

A1 Global College of Health, Business and Technology,
Mississauga

July 2015

GNM in Nursing

Shiraz school of nursing, Moga

palliative care/ Gerontology care in Nursing

Niagara college, Welland

CERTIFICATIONS

- Looking for SPEP FOR RPN
- Registered Nurse under PNRC, India, Present
- BLS Certification, Present
- Gentle Persuasive Approach (GPA) Certification, Present
- Respiratory Mask Fit Certificate, Present

REFERENCES

References available upon request