

# Krupa Patel

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ON – N2C 2R9

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## OBJECTIVE

Energetic and motivated Personal Support Worker who is highly organized and skilled at balancing the needs of clients in both medical and personal capacities. Accurate assertive and adaptable professional who can effectively multitask in challenging situations and meet critical deadlines.

## AREAS OF EXPERTISE

- Providing Patient Care such as toileting, bathing, and perineal care.
- Assist consumers in feeding, self-administration of medication, dressing and underdressing.
- Support good skin care to prevent skin breakdown.
- Assist client with active and passive range of motions such as defined by care plan.
- Provide help for walking and transferring.
- Perform Housekeeping, meal preparation and cleanup.
- Making Client Bed and changing Bed linens.
- Repositioning client according to needs.
- Maintain Clean environment and follow sterile Procedures and techniques.
- Provide emotional support to clients and rehabilitation.
- Contribute to the quality of life of patients by promoting their independence, dignity, comfort, safety, and mobility.

## EDUCATION

- PERSONAL SUPPORT WORKER  
Currently enrolled in this Program
- BSc Nursing

## CERTIFICATE

- First Aid
- CPR  
(Fully Immunized)

## **EMPLOYMENT HISTORY**

### **Direct Support Worker (2021-2022)**

City Old Age Home, Anand, Gujarat, India

- Made beds, swept floors, and sanitized surfaces to support activities of daily living, Laundered clothing and bedding to prevent infection.
- Maintain daily living standards by assisting clients with personal hygiene needs.
- Provided ongoing compassionate care for each client.
- Assisted with meal planning in addition with meal preparations.
- Recorded patient temperature, pulse and blood pressure to monitor health and wellbeing.
- Provided physical assistance to residents, including assistance with ambulation, nutritional needs, and palliative care.
- Administered enemas and suppositories, collected specimens, and recorded vital signs under the direction of registered staff.
- Demonstrated proficiency in using personal protective equipment and maintaining a focus on safety in the workplace.
- Laundered clothing and bedding to prevent infection.

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- Observed patients for changes in physical, emotional, mental or behavioral condition and injuries.
- Monitored vital signs and medication use, documenting variances and concerning responses.
- Created safe and positive living situations for clients by communicating with family and other staff about concerns and challenges.

## **ACTIVITIES AND INTERESTS**

- Reading science magazines and watching documentaries
- Internet surfing
- Bio-chemical research and development
- Attending local and international seminars related to field
- Exploring other cultures and photography

**Reference Available Upon Request.**

## **AVAILABILITY (Can work Full Time with Flexible Shifts)**

- Monday: 4:00pm Onwards
- Tuesday: 4:00pm Onwards
- Wednesday: Full Day
- Thursday: Full Day

- Friday: 5:00pm Onwards
- Saturday: Full Day
- Sunday: Full Day