

## **Harpreet Kaur**

Brampton, ON

 647-780-6651

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### **PROFESSIONAL SUMMARY**

Compassionate and dedicated Personal Support Worker (PSW) with over 9 years of senior-care and healthcare experience as an internationally trained nurse. Skilled in ADLs, mobility assistance, dementia care, and palliative support. Certified in First Aid & CPR-C, with TB clearance and a completed Vulnerable Sector Check. Strong ability to provide respectful, client-centered care in long-term care, retirement, and community settings.

### **CORE SKILLS**

- Personal care: bathing, grooming, dressing, peri-care, toileting
- Safe transfers & mobility support (Hoyer lift, mechanical lifts, sit-to-stand)
- Dementia, Alzheimer's, Parkinson's & cognitive support
- Palliative and end-of-life care
- Vital signs monitoring & medication reminders
- Meal preparation, feeding assistance & light housekeeping
- Infection control, documentation & care coordination
- Strong communication, empathy & cultural competence

### **RELEVANT EXPERIENCE**

#### **Personal Support Worker**

Delmanor Prince Edward, Etobicoke

May 2025 – Aug 2025

- Assisted residents with personal hygiene, grooming, dressing, and safe mobility.
- Provided companionship, emotional support, and monitored residents' well-being.
- Supported restorative programs and recreational activities to enhance engagement.
- Followed infection control and safety protocols to maintain a secure environment.
- Worked collaboratively with nurses and staff to support individualized care plans.

#### **Staff Nurse**

Charitable Hospital, India

Apr 2015 – Mar 2024

- Delivered hands-on care including hygiene assistance, feeding, and mobility support.
- Monitored vital signs and assisted with medication administration.

- Provided supportive care for patients with dementia, Alzheimer's, stroke, diabetes, and chronic illnesses.
- Offered compassionate palliative and end-of-life care to patients and families.
- Maintained documentation and collaborated with multidisciplinary teams.

#### **EDUCATION & CERTIFICATIONS**

- Social Service Worker – Gerontology (August 2025)  
St. Clair College – Ace Acumen Academy, Brampton
- Post Basic BSc Nursing, 2018  
Mother Mary's Institute of Nursing
- Diploma in General Nursing & Midwifery (GNM), 2014  
Sant Baba Bhag Singh Institute of Nursing
- Certifications:
  - First Aid & CPR-C
  - TB Test Cleared
  - Vulnerable Sector Check Completed

#### **AVAILABILITY**

Full-time | Flexible schedule | Available for community, retirement, and LTC roles