

Medha Chopra

6 Desert sand drive, Brampton, L6R 1P9

4168396123

Chopramedha11@gmail.com

PROFILE

Experience working within a cross-functional team displaying strong problem-solving skills and a team player mindset.

- Demonstrated systematic problem-solving in identifying, prioritizing, communicating and resolving quality issues.
- Maintained strong working relationships with clients showcasing a clear understanding of their specific needs and expectations demonstrating excellent interpersonal skills.

WORK EXPERIENCE

HOME INSTEAD- Brampton, ON, Canada (2024-present)

- Preparing and serving meals, including monitoring dietary needs and restrictions
- Engaging clients in recreational activities and social interaction to promote wellbeing and quality life
- Maintaining accurate records and documentation related to client's care, progress and incidents.

EL CARE and NURSE NEXT DOOR – Brampton, ON, Canada (2021-2024)

- Assist residents in ADL's like food, shower.
- Provide safe mobility support to move patients around personal and public spaces
- Coordinate treatment plans with other health care providers
- Organize recreational activities to support mental health

TECHNICAL SKILLS

Computer proficiency – MS Word, MS Outlook, MS Excel

Other skills – Dementia care, Mobility assistance, Outstanding communication, Close attention to detail, strong organisational skills

EDUCATION

Degree- Bachelors of science in Nursing, Baba fareed university of health and sciences, India

Diploma – Nursing leadership and management, Seneca college (May- December 2019)

Chronic disease management, Seneca college (May – December 2020)

ACHIEVEMENTS and VOLUNTEERING

- Participation in Inter college Table tennis championship, Seneca college (2020)
- Volunteer the college orientation for new students and assist them to cope up with college facilities and programs easily

CERTIFICATIONS

- First Aid and CPR
- WHMIS

REFERENCES

Available on request

AVAILABILITY – Full time

STATUS – Permanent Resident