

Dhrusti Patel

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Professional Summary

HSCPOA-registered Personal Support Worker with BLS certification and hands-on long-term care experience. Skilled in assisting with ADLs, safe transfers, dementia care, vital signs monitoring, and infection prevention (IPAC). Compassionate, dependable, and committed to resident-centered care in LTC and healthcare settings.

Key Skills

- ADL Assistance (Bathing, Dressing, Toileting, Feeding)
- Safe Transfers & Mechanical Lifts
- Dementia & Cognitive Support
- Vital Signs & Reporting Changes
- Infection Prevention & Control (IPAC)
- EMR Documentation
- Palliative & End-of-Life Support
- Team Collaboration

Professional Experience

Personal Support Worker – Hotel Dieu Grace Healthcare | Clinical Placement

- Assisted residents with activities of daily living while maintaining dignity and independence.
- Performed safe transfers using mechanical lifts and mobility aids.
- Supported residents with dementia and responsive behaviours.
- Monitored and reported changes in condition to nursing staff.
- Maintained infection control standards and resident safety.

Sleep Technician – York Regional Sleep Disorder Clinic | Dec 2025 – Present

- Monitor patients, document clinical observations, and ensure safety.
- Communicate patient concerns with the healthcare team.

Sleep Technician – Windsor Sleep Clinic | Until Dec 2025

- Assisted with patient positioning and maintained IPAC standards.

Education & Certifications

Personal Support Worker Certificate – [Institution Name]

Registered with HSCPOA

Basic Life Support (BLS) Certification

CPR & First Aid | Vulnerable Sector Check | Immunizations Up to Date