

# Modinat Goloba

North York, ON

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## SUMMARY

- Over 13 years of Experience working as a personal Support Worker
  - Certified PSW worker from Canadian Institute
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  - saily in sing with ADs, grooming dressing, and mobility, promoting alonomy and enhancing
  - Profician prestoring toal sign, observing changes in health status, and promptly reporting concerns to
  - Respectful of cultural diversity and individual beliefs, ensuring culturally sensitive care delivery tha honors and respects the values and preferences of each client
  - Utilized mechanical lifting equipment, such as sit-to-stand and ceiling lift, to safely transfer and reposition clients
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## SKILLS

- Quick learner with strong attention to details
  - Ability to maintain accurate and timely of client care and report any changes or concern to the healthcare
  - Ability to follow infection control and prevention protocols
  - Ability to think critical and develop creative solution to problems
  - Ability to perform physical tasks, such as lifting, transferring, and repositioning clients
  - Ability to observe and report changes in client behavior
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## EXPERIENCES

Personal Support worker,

L'Chaim Retirement Home, Toronto, ON May 2024 -Dec 2025

- Working with elderly clients and providing one-on-one care such as assisting with personal care, feeding and light housekeeping such as bed making, folding /arranging clothes
- Adhering to the occupational health, safety, welfare, and independence of clients Ensued a safe environment for clients, staff and others while confidently always assessing risk
- Administered bedside and personal care to residents
- Utilized validation therapy and other dementia-specific interventions to manage challenging behaviors and promote engagement
- Personal Support Worker

## **Personal Support Worker**

### **Lou Fruitman Reena Residence Thornhill , ON May 2023 - March 2024**

- Assisted residents with all aspects of daily life skills including meal preparation, laundry, room cleaning etc.
- Ensured a safe environment for clients, staff and others while assessing risk management confidently.
- Responded to difficult situations and challenging behaviors (inappropriate touch and aggression) using good judgement and interventions outlined in BSPs.
- Administered bedside and personal care to residents.
- Communicated professionally and accurately in written documents (e.g. communication book) and in
- oral conversation (e.g., discussions with caregivers).
- Assisted with exercising.
- Offered reassurance to the patient feeling lonely and doing fun activities together.
- Gave listening ears to residents and understanding how they feel.

## ***Development Support Worker***

**Edion Healthcare** – Brampton, ON

*Oct 2022 – Apr 2023*

- Assisted clients with activities of daily living, medication reminders, and routine health monitoring.
- Promoted independence, dignity, and emotional well-being through compassionate companionship.
- Maintained infection control standards and safe home environments.
- Collaborated with nurses, care coordinators, and family members to ensure continuity of care.

## **Personal Support Officer**

## **Federal Neuro-Psychiatric Hospital – Lagos, Nigeria**

*Aug 2015– Apr 2021*

- Provided direct care to patients with psychiatric and behavioral health conditions.
- Applied non-violent crisis prevention and intervention techniques to ensure patient and staff safety.
- Supported treatment and rehabilitation plans while promoting dignity, autonomy, and respect.
- Assisted with therapeutic, recreational, and social activities to enhance patient engagement.

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## **CERTIFICATIONS**

- Personal Support Worker Certificate – UMS Healthcare College, Canada
  - Hospice Palliative Care Ontario (HPCO)
  - Medication Laboratory Technician Certification
  - Gentle Persuasive Approaches (GPA) – Advanced Gerontological Education
  - First Aid & CPR
  - Food Handler Safety Certificate – Canada Food Safety Group
  - Ontario Smart serve
  - Safe Management & Non-Violent Crisis Prevention/Intervention – Nexim Healthcare
  - Worker Health & Safety Awareness
  - WHMIS – SafeCheck Workplace Safety
  - N95 Mask Fit Test Certificate
  - (AODA) – Ontario Training
  - Bachelor of Arts (B.A.) **in Political Science** – Lagos State University, Nigeria
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