

POKUA ASARE-BEDIAKO

HAMILTON, ON L8H5R9
4372681475 - abenapee14@gmail.com

PROFESSIONAL SUMMARY

Experienced with leadership and strategic planning in high-stakes environments. Utilizes strong problem-solving and decision-making skills to drive operational success. Track record of effective team leadership and conflict resolution, ensuring mission objectives are met.

SKILLS

- Mobility assistance
- Personal hygiene assistance
- Patient care
- Privacy and confidentiality
- Housekeeping tasks
- Dementia care
- Emotional support
- Social support
- Palliative care
- Meal preparation

WORK EXPERIENCE

02/2025 to 05/2025 **Personal Support Worker**

Divine Care Homes – Hamilton, ON

- Enhanced patient comfort by providing compassionate and attentive personal care.
- Monitored patient health status regularly, reporting any changes to the appropriate medical staff.
- Conducted light housekeeping duties to maintain a clean and comfortable living space for patients.
- Turned and positioned bedbound patients to prevent bedsores and maintain comfort levels.
- Developed trust-based relationships with clients through active listening and empathetic communication skills.

02/2024 to 01/2025 **Personal Support Worker**

Trent Valley Lodge – Hamilton, ON

- Assisted clients with daily living needs to maintain self-esteem and general wellness.
- Assisted clients with daily living activities, promoting independence and wellbeing.
- Assisted clients in maintaining personal hygiene through bathing, grooming, and dressing tasks.
- Maintained accurate records of patient care, progress, and concerns, contributing to effective communication among healthcare team members.

- Assisted with feeding and monitored intake to help patients achieve nutritional objectives.

06/2020 to 08/2023 **Senior Midwifery Officer**

Manhyia District Hospital – Kumasi-Ghana

- Mentored junior staff members, helping them develop their skills and advance in their careers.
- Maintained strict adherence to industry regulations, minimizing risk exposure for the organization.
- Enhanced communication between team members by organizing regular meetings and fostering open dialogue.
- Established effective relationships with key stakeholders both internally and externally for increased collaboration opportunities.
- Improved department efficiency by streamlining and implementing policies and processes.
- Coordinated cross-functional teams to address complex issues, leading to more efficient problem-solving processes.

01/2018 to 06/2020 **General Nurse**

TEMA OIL REFINERY CLINIC – TEMA-GHANA

- Collaborated with multidisciplinary teams to ensure optimal patient outcomes and continuity of care.
- Developed strong rapport with patients, fostering trust and open communication throughout their healthcare journey.
- Participated in ongoing professional development opportunities, staying abreast of innovations and advancements in nursing practice.
- Improved patient satisfaction by delivering compassionate, empathetic nursing care tailored to each individual's needs.

EDUCATION

12/2010

Midwifery

KUMASI NURSES AND MIDWIFERY TRAINING COLLEGE -

KUMASI-GHANA

LANGUAGES

English



Full Professional

CERTIFICATIONS

1. Ontario Personal Support Association
2. Standard First Aid and CPR-Level C
3. N95
4. Trained in Basic Life Support -Certificate of Merit
5. Trained and certified in Helping Babies Breathe
6. Trained and certified in administering medication

