

Sukhman Kaur

Brampton ON L6P
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SUMMARY

Internationally Educated Nurse with over 2 years of ICU and emergency experience in a 1625-bedded care teaching hospital in India. Skilled in patient care, vital signs monitoring, mobility support, and bedside assistance. Fluent in English, First Aid & CPR certified, and actively enrolled in PASS Program and CARE Centre for Canadian nursing licensure support. Seeking a Health Care Assistant / Personal Support Worker role in to contribute compassionate, high-quality care while gaining Canadian healthcare experience. Committed to making meaningful contributions and advancing organizational goals.

Work Experience

Staff Nurse - EMERGENCY ICU Dec 2021- Sep 2023
Dayanand Medical College and Hospital Ludhiana Punjab

- Assisted patients with daily living activities including hygiene, feeding, and mobility.
- Monitored and documented vital signs and medical observations.
- Provided bedside care such as turning, positioning, and wound prevention.
- Supported doctors and nurses during emergency procedures.
- Educated patients and families about post-discharge care.
- Ensured a safe, clean, and respectful care environment.

Education

Bachelor's of Nursing Jun 2017 - jan 2022
Dayanand Medical College and Hospital Ludhiana Punjab

- Trained in patient care across ICU, emergency, pediatrics, maternity, and community health.
- Skilled in vital signs monitoring, medication administration, wound care, and infection control.
- Experienced in patient education, counseling, and family support.
- Knowledge of nursing ethics, healthcare management, and evidence-based practice.
- Completed clinical rotations and hands-on training in hospitals and community settings

Key Skills

- Patient care & personal support (hygiene, feeding, mobility, comfort)
- Monitoring vital signs & reporting changes
- Emergency response & critical care support
- Documentation & patient record keeping
- Collaboration with multidisciplinary teams
- Communication with patients & families
- Infection prevention & safety practices

Certifications

• CPR/AED/FIRST AID • Registered Nurse and Midwife, 33417, Punjab Nurses Registration Act 1932 • Nursing Communication Foundation • Enhanced Nursing Communication Skills

Additional Information

Preparing for NCLEX-RN (New York Board of Nursing) Languages: Fluent in English , Hindi, Punjabi(speaking and understanding) Enrolled in PASS Program and CARE Centre for IEN support. Eligible to work in Canada with valid SIN & PR status Available for part-time or full-time roles, flexible shifts.