

# USHA KHAREL

Scarborough, Ontario

Ph: (437)-799-4210 | Kharelusha430@gmail.com | <https://www.linkedin.com/in/usha-kharel/>

## OBJECTIVES

A nurturing and dedicated individual with a Diploma in Social Service Worker and a passion for providing quality care and support to children. Seeking a role in childcare where I can leverage my education and experience to create a safe, nurturing, and stimulating environment for children to thrive. Committed to upholding integrity, humility, and accountability, I aim to utilize my strong organizational, communication, and leadership skills to foster positive relationships and contribute to the holistic development and well-being of the children under my care.

## SKILLS

- Excellent organizational, communication, and leadership skills.
- Proven ability to work independently or collaboratively as a team member.
- Strong documentation skills and ability to manage multiple tasks and priorities.
- Flexibility to adapt to changing situations and to work flexible hours.
- Commitment to embracing company values - integrity, humility, and accountability.

## EDUCATION

### Diploma in Social Service Worker (SSW)

Jan 2023 – Apr 2024

#### Centennial College, Scarborough, Ontario, Canada

Relevant Coursework: Occupation Health & Safety, Soc. Issue & Political Process, Indigenous Approach to SSW, Community Development, Social Policy and Legislation, Preparation for Practice, Relational & Reflective Skills

## VOLUNTEER

### Field Placement-1, Part-time

Sep 2023– Dec 2023

#### Grace Place Food Bank, Scarborough, Ontario, Canada

- Efficiently manage multiple responsibilities, including client intake, food hamper preparation, and cleaning, ensuring smooth operations, and contributing to the overall success of Grace Food Bank.
- Established and nurtured positive relationships with clients, community, and team members, fostering a harmonious work environment through effective communication skills.

### Field Placement-2, Full-time

Jan 2024 – Apr 2024

#### Grace Place Food Bank, Scarborough, Ontario, Canada

- High ethical standards and confidentiality, handling sensitive client information with commitment and professionalism, contributing to the organization's integrity.
- Demonstrate excellent written and oral communication skills in English to interact with colleagues, clients, and stakeholders.
- Operate heavy equipment and housekeeping tools efficiently, meeting the physical demands of continuous walking, bending, twisting, pulling, pushing, and lifting, including repetitive lifting of 20kg.
- Work positively as part of a team, demonstrating flexibility and engagement, while also showcasing the ability to function independently.

## EXPERIENCE

### Cashier, Taco Del Mar

Jan 2023 – Present

#### Part-time, Toronto, Ontario

- Assisted customers with friendly and professional demeanor.
- Worked in a fast-paced environment and managed cash transactions.

## CERTIFICATES

- Food Handler Certification
- Promoting 2SLGBTQQA+ Equity Training Certificate
- Mock Disaster 2024 - Recognition Certificate

Reference will be provided upon request.