

AIROFEL

BACALLA

✉ airofelgem23@gmail.com

☎ 226-505-5020

📍 Waterloo, ON N2L1W3

SKILLS

- Disability Awareness
- Emotional Support
- Meal Preparation
- Personal Hygiene Assistance
- Patient Care
- Daily living assistance
- Medication Administration
- Valid G2 license

EDUCATION

Central Philippine University
Jaro, Iloilo City, Philippines • 10/2012

Bachelor of Science: Nursing

CERTIFICATIONS

- NonViolent Crisis Intervention Training (2023)
- Inhalation Training (2024)
- Diabetes and insulin test training (2023)
- First aid and CPR training (2023)
- Medication Administration

PROFESSIONAL SUMMARY

Dedicated and compassionate healthcare professional with a strong nursing background and experience as a Direct Support Worker. Proven track record of providing high quality care and support to individuals with diverse needs. Possesses excellent communication, interpersonal, and problem solving skills. Committed to delivering personal centered care and promoting independence, dignity, and well being.

WORK EXPERIENCE

Parents For Community Living - Direct Support Worker (DSW)
30 Dupont St., E. #102, Waterloo, ON N2J 2G9 • 04/2023 - Current

- Assisted clients with daily living needs to maintain self-esteem and general wellness.
- Maintained detailed documentation of client progress, daily activities, incidents, and relevant observations to ensure continuity of care across team members.
- Improved client quality of life by providing assistance with daily living activities such as bathing, grooming, dressing, feeding, toileting assistance.
- Documented residents' mental status, sleep, and eating patterns in medical record books.
- Provided reliable transportation for clients to attend medical appointments, social outings, or other community-based events as needed.
- Cleaned house, ran errands, managed laundry, and completed weekly grocery shopping.
- Helped clients manage money, pay bills, and shop for groceries or personal items.
- Transported individuals to events and activities, medical appointments, and shopping trips.
- Managed medications for clients, ensuring proper dosages were taken on schedule and any side effects were promptly reported to healthcare professionals.
- Monitored client vital signs, administered medications, and tracked behaviors to keep healthcare supervisor well-informed.
- Ensured a safe and comfortable living environment for clients through regular housekeeping tasks and proactive maintenance reporting.
- Established trust-based relationships with clients by consistently demonstrating respect, empathy, reliability, and genuine concern for their wellbeing.
- Assisted clients in achieving personal goals through tailored support in areas such as mobility training, communication skills development, and community integration activities.
- Facilitated effective communication between clients and their families, fostering strong relationships and promoting family involvement in the caregiving process.

REFERENCES:

- Ashley Schieckoff
Blueridge Home Supervisor
Parents for Community Living
ashleys@pclkw.org
226-218-3070
- Lizbet Perea
Direct Support Professional
Parent for Community Living -Blueridge Home
lizbetp@pclkw.org
519-729-3355
- Department Of Health - Nurse II
Iloilo City, Philippines • 01/2016 - 08/2022
 - Assist in the conduct of regular monitoring and evaluation of various health programs. (Morbidity caused by infectious diseases; mortality by non-communicable diseases (NCDs); and emerging incidence of injuries, mental health, and alcohol and drug abuse; National Immunization Program; Women, Men, and Children's Health Development Programs; HIV/AIDS and STI Prevention, Emerging and Re-emerging Infectious Disease, Integrated Helminth Control, Food and Waterborne Diseases Prevention and Control, and National Dengue Prevention and Control Programs; Lifestyle Related Diseases Prevention and Control, and Essential NCDs Programs; Maternal- Newborn and Child Health and Nutrition.)
 - Assist in the conduct of disease surveillance.
 - Prepares home visit reports and community activities conducted.
 - Participates in data gathering and response during health emergencies and disasters.
 - Conducts health education and training
 - Conducts regular visits to priority households with health problems.
 - Provides technical assistance in the implementation of the health programs.
 - Coordinates with the Public Health Associates to ensure timely data collection and reporting.
 - Maintains Village Health Stations in the absence of Rural Health Midwife.
 - Provides technical assistance in the implementation of the health programs.
 - Assist in the preparation and analysis of reports on clinic and community activities.
 - Performs other related function as may be assigned.
 - Assessment, monitoring and provides proper interventions to the probable, suspect and confirmed Covid 19 patient admitted in isolation facility.
 - Provides psychological supports to the patients and maintain precautionary measures inside isolation facility; performed vaccination against Covid (health education, assessment, post monitoring and strategies for Pro Covid Vaccination).