

Navjot Kaur Toor

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Dedicated, passionate and highly motivated with experience and an excellent record in providing compassionate resident care in community settings, Long term and care homes. Fully computer literate and proficient in both paper and computer charting.

Personal Details

Highest Level of Education: College Diploma

Work Experience

Personal Support Worker

Schelegel Villages, Erin Mills Lodge Long Term Care Village, ON
Oct 2024 to January 2025

- Helping in routine care activities
- Assisting the elderly in feedings
- Assessing for change in condition
- Preventing falls and safe surroundings
- Reporting appropriate findings to team leader
- Managing safe environmental work
 - Charting and documenting the assessment, intake-output, activity, ambulation and mood and behaviour changes

Patient Care Assistant

Markham Stouffville Hospital, ON
January 2025 to March 2025

- Helping in routine care activities
- Assisting the elderly in feedings
- Assessing for change in condition
- Preventing falls and safe surroundings
- Reporting appropriate findings to team leader
- Managing safe environmental work
 - Charting and documenting the assessment, intake-output, activity, ambulation and mood and behaviour changes
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Home Support Worker

Spectrum healthcare peel region, Mississauga, ON

February 2025 to May2025

- Assisting with personal hygiene activities like bathing, showering, and grooming.
- Helping with dressing and undressing.
- Providing assistance with mobility, including transferring from bed to chair or wheelchair.

- Supporting with toileting and other personal care needs
- Assisting with medication administration under the guidance of a healthcare professional.
- Monitoring medication adherence and reporting any concerns.
- Assisting with arranging appointments and reminders for medication refills
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Personal Support Worker

Kristus Darzs Latvian Home,(11290 Pine Valley Dr, Vaughan, ON)

- Helping in routine care activities
- Assisting the elderly in feedings
- Assessing for change in condition
- Preventing falls and safe surroundings
- Reporting appropriate findings to team leader
- Managing safe environmental work
 - Charting and documenting the assessment, intake-output, activity, ambulation and mood and behaviour changes

Education

Certified Personal Support Worker From NACC

CIMT College - Mississauga, Ontario

July 2024 to January 2025

Graduate in Computer Networking technician

St. Clair college - Mississauga, ON

May 2021 to August 2022

Skills

- Microsoft Office (2 years)
- Management (1 year)
- Customer Service (2 year)
- Report Writing (Less than 1 years)
- Excellent Communication skills
- Medical technician and terminology
- Caregiving
- Home Care
- Long Term Care
- Vital Signs
- Assist with Madication

Certifications and Licenses

CPR

August 2024 to Present

BLS- CPR/First Aid certified by Red Cross Canada
Certified in Gentle Persuasive Approach (GPA)
Respirator Mask Fit Test Certified

Clear Police Record Check for VSS