

NIRANJAN BIJU

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14 Morrison Avenue, Sudbury, ON

PROFESSIONAL SUMMARY

Compassionate and highly organized Recreation Program Aide and Community Health and Navigation Services graduate with hands-on experience supporting diverse populations across the lifespan, including seniors, individuals with dementia, and community members. Skilled in program planning, life-skills development, documentation, and client-centered care, with strong collaboration and communication abilities. Demonstrates a strong commitment to confidentiality, cultural respect, ethical practice, and creating safe, inclusive environments.

EDUCATION & CERTIFICATIONS

Cambrian College, Sudbury, ON <i>Community health and navigation service</i>	2024-25
Conestoga college, Kitchener, ON <i>IT network security</i>	2023-24
Aditya Educational Institutions, Andhra Pradesh, India <i>Bachelors in Forensic Science</i>	2018-21

EXPERIENCE

Recreation Program Aide <i>Extendicare</i> <i>Countryside</i> <i>Sudbury,</i> <i>ON</i>	June 26 - present
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- Plan and deliver daily recreational and life-enhancing programs that promote physical, emotional, cognitive, and social well-being.
- Facilitate group and one-to-one activities including music therapy, arts and crafts, games, cultural activities, and light physical exercises.
- Adapt programs to meet diverse cognitive, physical, and emotional needs, including residents living with dementia and mobility challenges.
- Foster social inclusion, participation, and emotional safety in all programs.
- Collaborate closely with nursing staff, social services, and interdisciplinary teams to align activities with individualized care plans.
- Maintain accurate documentation, activity logs, and participation records in compliance with organizational and provincial standards.

- Uphold strict confidentiality, privacy, and ethical standards at all times.
- Promote a safe and welcoming environment by following infection prevention protocols and supporting residents with mobility as required.

SKILL'S & QUALIFICATIONS

- Child, Youth and senior Engagement
- Program Planning & Facilitation
- Life Skills Development
- Client-Centered & Strength-Based Care
- Dementia Care & Cognitive Support
- Assessment & Informal Observation
- Documentation & Data Entry
- Confidentiality & Ethical Practice
- Interdisciplinary Collaboration
- Community Outreach & Engagement
- Cultural Awareness & Inclusivity
- Time Management & Organization
- Critical Thinking & Problem Solving
- Microsoft Office (Word, Excel, PowerPoint)
- Adaptability & Multi-Tasking

CERTIFICATIONS

- Driving License (G)
- CPR certification
- WHIMS
- OHRC
- Worker Health and Safety Awareness
- Living works Start
- Aoda
- OCAA certificate