

NAVJOT KAUR

Brampton, ON L6P1H6
647-295-1819
navjotkaur99044@gmail.com

SUMMARY

Experienced Nurse and Personal Support Worker with over 8 years of caregiving expertise. Skilled in patient-centered care for all age groups, including infants, children, adults, and seniors. Seeking a healthcare role to provide compassionate and high-quality care.

SKILLS

- Patient care: hygiene, feeding, mobility, and medication
- CPR, First Aid, and BLS certified
- Strong communication and time management
- Compassionate, patient-first approach
- Experience with healthcare documentation and protocol

EXPERIENCE

QUALITY HOMEMAKERS

Toronto, Ontario

Caregiver

04/2025 to Current

- Assisted clients with daily living activities and personal care routines.
- Monitored client health and reported changes to healthcare professionals.
- Provided companionship and emotional support to enhance client well-being.
- Prepared nutritious meals according to client dietary needs and preferences.
- Maintained a clean and safe environment in client homes.
- Helped clients with mobility and transportation to appointments or errands.
- Documented daily care activities and observations in care logs.
- Supported bathing, dressing and personal care needs.
- Monitored vital signs and medication use, documenting variances, and concerning responses.

MJ STAFFING SOLUTIONS

Brampton

Nurse Aide

05/2024 to 03/2025

- Provided personal care and support to clients in daily activities.
- Assisted clients with mobility and transfers using safe techniques.
- Administered medications and monitored client health as directed.
- Assisted clients with daily activities such as bathing, dressing, and grooming.

INDIRA IVF HOSPITAL

India

Senior Staff Nurse

09/2019 to 03/2024

- Administered medications and treatments as prescribed by healthcare providers.
- Monitored patient vital signs and reported changes to the medical team.
- Educated patients and families on health management and post-discharge care.
- Provided emotional support to patients and families during challenging situations.

EDUCATION AND TRAINING

GENERAL NURSING AND MIDWIFERY : NURSING

Punjab Nurses Registration Council , India

POST BASIC BACHELOR OF SCIENCE IN NURSING

Baba Farid University of Health Sciences(India)

ACTIVITIES AND HONORS

- A hardworking and reliable employee with extensive background operating cash, stocking inventory, and managing staff. Highly organized, proactive, and punctual. Works well within team settings.

REFERENCES

References available upon request.