

Modinat Goloba

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SUMMARY

Compassionate and dedicated Personal Support Worker (PSW) with over 7 years of experience providing exemplary care in long-term care, hospital, and community settings. Known for delivering resident-centered care with compassion, integrity, and respect. Skilled in mobility assistance, fall prevention, health monitoring, and emotional support, while promoting independence and safety. Experienced in collaborating with healthcare teams and maintaining accurate documentation using Point of Care (POC) systems.

SKILLS

- Compassionate client care & companionship
- Fall prevention & resident safety practices
- Daily living activities assistance (bathing, grooming, toileting, feeding, mobility)
- Resident engagement & recreational support
- Lift training: transferring, positioning, and mobility assistance
- Wound, ostomy, and continence support assistance
- Household organization: meal prep, light housekeeping, safe environment maintenance
- Infection prevention & control practices (PPE, WHMIS, mask fitting)
- Strong communication, teamwork & relationship-building skills
- Computer proficiency: Point of Care (POC), MS Word, Excel, PowerPoint, email

EXPERIENCE

Personal Support Worker – AgeCare Westbury

The West Mall, Ontario | Apr 2024 – Jul 2025

- Provided personal care including bathing, dressing, grooming, toileting, feeding, and mobility.
- Supported residents with dementia and complex needs using Gentle Persuasive Approaches (GPA).
- Ensured fall prevention and resident safety through monitoring and safe mobility assistance.
- Documented resident care and health changes in Point of Care (POC) software.
- Assisted with household tasks, meal support, and resident engagement activities.
- Responded promptly to emergency and safety situations according to protocols.

Personal Support Worker – Edion Healthcare

Brampton, ON | Oct 2023 – Apr 2024

- Assisted clients with daily living activities and medication reminders.
- Encouraged independence and provided companionship through meaningful engagement.
- Ensured infection prevention and safe environment maintenance.
- Collaborated with healthcare professionals and family members to ensure care continuity.

Personal Support Officer – Federal Neuro-Psychiatric Hospital

Lagos, Nigeria | Aug 2017 – Apr 2022

- Delivered care to patients with psychiatric and behavioral health needs.
- Applied non-violent crisis prevention and intervention strategies.
- Supported rehabilitation plans while promoting patient dignity and autonomy.
- Assisted with recreational, therapeutic, and social engagement activities.

EDUCATION & TRAINING

- Personal Support Worker Certificate – UMS Healthcare College, Canada (Oct 2024)
- Gentle Persuasive Approaches (GPA) – Advanced Gerontological Education (Mar 2024)
- Food Handler Safety Certificate – Canada Food Safety Group (Nov 2023)
- First Aid & CPR – Canada Security Guard (Oct 2023)
- Safe Management & Nonviolent Crisis Prevention/Intervention – Nexim Healthcare (Dec 2023)
- Medicine Administration, Suicide & Substance Abuse Certificates – Alison Academy (Dec 2023)
- Worker Health & Safety Awareness – Ontario Ministry of Labour (Nov 2023)
- WHMIS (Workplace Hazardous Materials Info. System) – SafeCheck Workplace Safety (Nov 2023)
- N95 Mask Fit Test Certificate – UMS Healthcare College (Nov 2023)
- Accessibility for Ontarians with Disabilities Act (AODA) – Ontario AODA Training (Nov 2023)
- Political Science (B.A.) – Lagos State University, Nigeria (Dec 2017)