

MEENU KANDA

Brampton, ON | (647) 581-8196 | kanda.meenu@yahoo.ca

Professional Summary

Motivated and compassionate Registered Nurse (RN) and Registered Practical Nurse (RPN) with over 10 years of experience delivering patient-centered care in diverse healthcare settings. Skilled in gerontological nursing, medication administration, wound care, ICU/post-operative care, and multidisciplinary collaboration. Multilingual in English, Hindi, Punjabi, and Urdu, enabling effective communication with diverse patient populations. Dedicated to improving patient outcomes through evidence-based practices and continuous professional development.

Core Skills

- Patient Assessment & Care Planning
- Medication Administration
- Wound Care & Dressing
- ICU & Post-operative Care
- Gerontological Nursing
- Multidisciplinary Team Collaboration
- Infection Control & Quality Improvement
- Electronic Medical Records (EMR)
- MAR Management & Documentation
- Critical Thinking & Time Management
- Patient & Family Communication
- Care Coordination & Compliance Adherence
- Conflict Resolution & Emotional Intelligence
- Lab Result Interpretation
- Professional Bedside Manner
- Feeding Pumps / NG / GT Feed / PCA Pump

Professional Experience

Registered Nurse | Greenway Retirement Residence | Brampton, ON | Jun 2022 – Present

- Conduct ongoing patient assessments and maintain accurate medical records.
- Administer prescribed medications, including narcotics and injections.
- Coordinate with multidisciplinary teams to deliver comprehensive care.
- Support care planning with Director of Health and Wellness.
- Ensure compliance with healthcare policies and standards.

Registered Practical Nurse | Village of Sandalwood Long Term Care | Brampton, ON | Aug 2024
– Dec 2024

- Developed and implemented patient care plans with healthcare teams.
- Administered medications, NG/GT feed, PCA pump, and wound care.
- Ensured infection control standards in daily nursing practices.
- Supported physicians in examinations, treatments, and procedures.
- Provided emotional support and education to patients and families.

Registered Nurse | Punjab Medical Institute and Hospital | Punjab, India | Dec 2012 – Mar 2022

- Performed patient assessments, administered medications, and monitored responses.
- Delivered wound care, tube feeding, oxygen therapy, and post-operative care.
- Collaborated with multidisciplinary teams to develop individualized care plans.
- Educated patients and families on chronic illness management.
- Supervised junior staff and ensured accurate documentation.

Nurse Manager | Punjab Medical Institute and Hospital | Punjab, India | Jul 2020 – Jun 2021

- Supervised daily nursing operations and staff scheduling.
- Implemented quality improvement initiatives and care protocols.
- Conducted staff evaluations and resolved conflicts.
- Ensured compliance with healthcare regulations and patient safety protocols.

Registered Practical Nurse | Alpha Resource | Brampton, ON | Aug 2017 – Oct 2018

- Delivered resident care, medication administration, and patient monitoring.
- Maintained accurate documentation and care plans.
- Ensured infection control and collaborated with healthcare teams.

ICU Registered Nurse | Oxford Hospital | Jalandhar, India | Apr 2007 – Oct 2007

- Delivered critical care in ICU, including ventilator management and IV therapy.
- Monitored vital signs and conducted neurological assessments (GCS).
- Supported physicians with emergency procedures and acute care management.
- Adhered to infection control protocols to ensure patient safety.

Education & Training

B.Sc. Nursing | Thames Valley University | London, UK

Diploma in General Nursing & Midwifery | Punjab Medical Institute of Nursing | Jalandhar, India

Diploma in Computer Applications

Certifications

- Registered Nurse (RN), College of Nurses of Ontario (CNO)
- Registered Practical Nurse (RPN), College of Nurses of Ontario (CNO)
- Infection Control
- Phlebotomy and IV Therapy
- Physical Assessment
- CPR and First Aid
- BLS
- Child Abuse Awareness
- Standard First Aid CPR AED Level C
- Heartsaver CPR AED Level A (Adult)

Languages

English (Fluent), Hindi (Fluent), Punjabi (Fluent), Urdu (Fluent)