

Mansi Shah

Personal Support Worker (PSW)

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Brampton ON Canada

Personal Support Worker (PSW) with over 2 years of experience delivering compassionate and reliable care in community and healthcare settings, including long-term care homes, hospitals, and retirement residences. Certified in PSW, CPR, and First Aid, with a valid Vulnerable Sector Check and up-to-date immunization record. Skilled in assisting with activities of daily living (ADLs) such as bathing, dressing, grooming, toileting, mobility support, transferring, repositioning, feeding, and meal preparation. Expertise in dementia support, medication reminders, infection prevention and control, and maintaining a safe and clean environment. Demonstrates strong communication and interpersonal skills, offering emotional support, companionship, and respecting privacy and confidentiality. Proven ability to monitor health changes, document and report accurately, and work both independently and collaboratively within healthcare teams. Physically capable of safe lifting and supporting clients to maintain dignity, safety, and independence. **Holds a valid Ontario G2 Driver's License.**

Professional Experience

Personal Support Worker

July 2025 - Sept 2025

[Extendicare, Brampton, Ontario](#)

- Provided personal care assistance including bathing, grooming, toileting, feeding, and mobility while maintaining dignity and independence.
- Assisted with medication administration according to care plans and organizational policies.
- Delivered compassionate care to residents with dementia and cognitive impairments.
- Maintained a safe, clean environment and adhered to infection control and safety protocols.
- Reported changes in resident condition to nursing staff and documented care accurately.

Patient Care Assistant / Nursing Assistant

May 2021 - July 2023

[Ankur Hospital, Gujarat, India](#)

- Assisted clients with personal care routines and medication support while maintaining strict confidentiality.
- Planned and facilitated daily activities to support physical health, mental wellness, and emotional stability.
- Provided individualized support to clients with Dementia, Autism, and ADHD.

Personal Support Assistant

June 2019 - April 2021

[Tribhuvandas Foundation, India](#)

- Guided residents to and from their rooms, recreational activities, and dining room.
- Assisted with daily activities such as making beds and organizing closets.
- Provided companionship and supported patients in reaching individual goals and social skills.

Education

Bachelor of Homeopathic Medicine & Surgery

August 2012 - April 2017

[Sardar Patel University, India - India](#)

Personal support worker

March 2025 - October 2025

Skills

Personal Care & ADLs

Dementia & Cognitive Support

Medication Assistance

Mobility, Transfers & Positioning

Infection Prevention & Control

Client-Centered Care

Documentation & Reporting

Privacy & Confidentiality (PHIPA)

Communication & Team Collaboration

Time Management & Task Prioritization

Certifications

- NACC - Certified Personal Support Worker
- BLS - Basic Life Support
- Standard First Aid and CPR/AED Level C
- RESPIRATOR MASK FIT TEST CERTIFIED
- Valid Ontario G2 Driver's License