

Manpreet Kaur, RN

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PROFESSIONAL SUMMARY

Dedicated and compassionate Registered Nurse with 7+ years of combined clinical and academic experience, including 2 years in Maternity and Medical-Surgical settings and six years as a Nursing Tutor in an academic setting. Skilled in comprehensive health assessment, medication administration, infection prevention and control, documentation and interdisciplinary care coordination. Currently volunteering at Peel Manor Long-Term Care in Ontario. Dedicated to evidence-based practice, patient safety and delivering high-quality, patient-centred care.

SKILLS

- Patient Assessment and Care Planning
- Wound Care and Dressing Change
- Medication Administration and IV Therapy
- Infection prevention and control
- Interdisciplinary Collaboration
- Documentation
- Time Management and Prioritization
- Patient and Family Education

WORK EXPERIENCE

Senior Nursing Tutor | Amar Professional College of Nursing, India | Sep 2020 – Nov 2022

- Designed and delivered lectures in Medical-Surgical Nursing and Fundamentals of Nursing, integrating evidence-based practices and patient-centered care.
- Supervised and mentored nursing students during clinical rotations, fostering competence in patient assessment, pharmacology, wound management and infection control.
- Developed evaluation tools, provided individualized feedback and guided students in strengthening critical thinking, clinical judgment and ethical decision-making.
- Collaborated with faculty and clinical partners to bridge academic learning with real-world healthcare practice.

Registered Nurse – Vcare Hospital | Zirakpur, India | Sep 2018 – Aug 2020

- Performed comprehensive health assessments and developed individualized nursing care plans for medical-surgical, maternity, and postnatal patients.
- Administered medications safely via oral, IM, and IV routes, performed IV cannulation and assisted with blood transfusions following hospital protocols.
- Delivered post-operative and acute medical-surgical care, including pain management, wound assessment, dressing changes, and mobility support.

- Provided antepartum, intrapartum, and postpartum nursing care, including monitoring maternal vital signs and fetal heart rate during labour.
- Provided comprehensive newborn care, including thermoregulation, feeding support, monitoring vital signs, and managing infants receiving phototherapy.
- Educated mothers and families on breastfeeding, Kangaroo Mother Care (KMC), postpartum recovery, newborn hygiene, and safe sleep practices.
- Applied infection prevention and control (IPAC) measures to maintain patient safety and reduce hospital-acquired infections.
- Maintained accurate and timely clinical documentation in accordance with hospital standards and regulatory requirements.
- Collaborated effectively with physicians and interdisciplinary healthcare teams for care coordination, discharge planning and continuity of care.
- Promoted patient-centred, culturally sensitive care while responding to emergencies and changes in patient condition using sound clinical judgment.

Clinical Instructor | Sri Sukhmani College of Nursing, India | Nov 2014 – Aug 2018

- Instructed and supervised nursing students in diverse hospital units, ensuring safe, effective and evidence-based patient care delivery.
- Trained students in essential skills such as vital signs monitoring, IV therapy, medication administration, wound care and patient and family health education.
- Conducted clinical demonstrations and small-group training to reinforce critical thinking, professional ethics and patient safety practices.
- Coordinated with hospital staff to ensure student practice aligned with evolving standards of care and institutional policies.

CLINICAL EXPERIENCE

Trainee / Internship Nurse= Max Hospital, Healing Touch Hospital, Civil Hospital — Punjab, India

- Clinical exposure in General ICU, CCU and NICU.
- Completed rotational experience in Psychiatry, De-addiction, Pediatrics, Geriatrics, Obstetrics and Community health.
- Assisted with deliveries, postnatal care and administered neonatal immunizations.
- Delivered holistic, patient-centered care under supervision of multidisciplinary teams.

VOLUNTEERING EXPERIENCE

Volunteer – Peel Manor Long-Term Care & Adult Day Service Centre | Present

- Support residents and clients during daily activation programs including bingo, music, crafting and gardening.
- Assist residents during mealtimes while ensuring comfort, safety and dignity.
- Facilitate recreational and therapeutic activities to enhance resident well-being.
- Provide one-on-one support and companionship to residents.
- Accompany residents during outings and scheduled programs.
- Help with organizing materials and preparing activity spaces.

EDUCATION

- Master of Arts in Psychology
Indira Gandhi National Open University – New Delhi, India | Dec 2023
- Post Basic Bachelor of Science in Nursing (B.Sc. Nursing)
Baba Farid University of Health Sciences – Punjab, India | Sep 2014
- Diploma in General Nursing & Midwifery (GNM)
Punjab Nurses Registration Council – Punjab, India | Jul 2012

LICENSES & CERTIFICATIONS

- Registered Nurse- College of Nurses of Ontario (CNO)
- First Aid & CPR/AED
- RNAO Member
- Breastfeeding e-Learning Course
- Delirium, Dementia and Depression in Older Adults e-Learning Course

LANGUAGES

- English (Fluent)
- Punjabi (Fluent)
- Hindi (Fluent)