

# MANU BABY

## PRACTICAL NURSE

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📍 248 Murray st, Apt 1, Sudbury

### SUMMARY

Motivated and eager practical nursing student currently developing foundational knowledge in nursing principles, human anatomy, physiology, and patient care. Committed to learning best practices in health and safety, infection control, and effective communication with patients and healthcare teams. Demonstrates a strong work ethic, compassion, and a genuine interest in supporting the health and well-being of others. Looking forward to gaining hands-on experience through upcoming clinical training and applying classroom knowledge in real-world settings.

### LANGUAGES

#### ENGLISH

Native

#### TAMIL

Native

#### MALAYALAM

Native

### TRAINING / COURSES

**N 95 Mask fitting**

**CPR and First aid Training**

**WHMIS**

**Worker Health and safety**

**Awareness**

### EXPERIENCE

#### Personal Support Worker – Finlandia Village, Sudbury, ON

- Assisted residents with activities of daily living (ADLs) including bathing, dressing, feeding, and mobility support.
- Provided emotional support and companionship to enhance residents' mental and social well-being.
- Collaborated effectively with nurses and interdisciplinary team members to deliver individualized care.
- Maintained a safe, clean, and hygienic environment by adhering to infection control and safety protocols.
- Demonstrated empathy, cultural sensitivity, and professionalism while maintaining residents' dignity and privacy.
- Documented care activities accurately and reported physical or behavioral changes promptly to the nursing team.

### EDUCATION

#### Practical Nursing (PNDP)

Cambrian College

2025 | Sudbury, Canada

- Assisted patients with activities of daily living, including hygiene, mobility, and nutrition.
- Conducted focused patient assessments, including vital signs, physical checks, and health histories.
- Assisted with medication administration under supervision, ensuring safe handling and accurate documentation.
- Supported wound care, specimen collection, and mobility assistance according to care plans.
- Observed patients for changes in condition and reported findings to supervising nurses.
- Practiced infection control and safe medication handling under supervision.
- Collaborated with interdisciplinary teams to support patient care plans.
- Support licensed nurses by helping with hygiene, feeding, ambulation, and comfort measures.
- Shadow nurses and other healthcare professionals to gain exposure to real-world clinical practices.
- Learn and demonstrate proper technique in skills such as wound care, catheter care, and medication preparation under supervision.
- Follow infection control protocols, including hand hygiene and use of PPE.

GPA 3.9 / .0