

Loveth Okpoye

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OBJECTIVE

Experience in providing patient-centered care to individuals from different cultural backgrounds with health challenges including acute and chronic illnesses, as well as, committed to promoting patient welfare.

SUMMARY OF SKILLS

- Experience in conducting comprehensive health assessments, case management, care plan, emergency care, medication administration, including intramuscular/subcutaneous/intravenous/and intradermal injections, managing anaphylaxis, blood collection and isolation, inserting urinary catheters, enemas, TPN, NG tubes and tracheostomy, blood glucose monitoring & insulin, lifts/transfer, health teaching/education, crisis intervention, referrals and documentation.
- Excellent organizational, time management, verbal and written communication skills.
- Demonstrates strong ability to critically think and work independently while providing top quality patient care
- Experience in providing culturally sensitive and friendly patient care in the hospital/community/home health care.
- Responding to emergency medical codes as needed.
- Excellent care provider and ability to work well with the multidisciplinary teams, patients and their families.
- Skilled in Microsoft Office (MS word, PowerPoint, Excel, Outlook, Access, survey monkey, SPSS, Point Click Care Electronic Medical Record and Meditech 6.0/Epic EMR).

PROFESSIONAL EXPERIENCE

Registered Nurse

2024 – present

Paramount Care Nursing Agency

Perfect Support Inc.

(Detention Centres – Mental Health & General Duty units)

- Assess inmate's physical, psychological, emotional, spiritual, cultural and social needs as planned by the interdisciplinary team.
- Providing direct care and interventions based on the treatment plan consistent with the psychiatric illness and diagnosis.
- Monitoring medications for therapeutic responses and provide education on medications including purpose, proper administration, intended effects, and side effects.
- Providing brief interventions to inmates in acute distress and ensure the inmate has full access to internal and external health care services.
- Collaborate with members of multidisciplinary health team to plan, implement, coordinate and evaluate inmate care, in regards to inmates and their families for optimal recovery.
- Ensuring inmates adheres to treatment plans and responds to health care interventions.
- Participating in inter-disciplinary team meetings related to clinical care and service delivery by presenting the inmates' case and providing status updates.
- Collect data, reports abnormal findings to physicians, and document findings accordingly for continuity of care.
- Collaborate with community care providers to get health information and to ease transitional care during discharge for inmates.

- Possess expertise in professional standards, best practice guidelines, nursing theories, and relevant legislation (e.g., Regulated Health Professions Act, Health Care Consent Act) to effectively develop and deliver nursing care while ensuring the administration of appropriate treatments.

Registered Practical Nurse (Part time)

2020 -2023

Brampton Civic Hospital (Mental Health Child & Adolescent/ Adult Mental Health Unit - Inpatient/Intensive)
- Float Nurse (Mental Health Assessment Zone (MHAZ) Unit - Emergency)

- Create a comfortable and safe environment that provides opportunities for privacy, dignity, control, and maintenance of patients' care.
- Safe nursing practice in all aspects of the nursing process: assessment, planning, implementation and evaluation of patient care
- Caring for patients who are experiencing acute mental health distress and building trusting relationships with them.
- Liaising with psychiatrists, clinical psychologists, social workers, family members and other clinical professionals to plan treatment and monitor progress of patients.
- Responding to distressed patients in emergencies and urgent care and understanding the source of their distress.
- Applying de-escalation approaches to help individuals manage their emotions and behavior.
- Preparing, administering medications, and monitoring the side/adverse effects of treatment/anaphylaxis.
- Counseling, providing diverse psychological therapies and monitoring patients' healthcare status
- Encouraging patients to take part in social events/groups as needed.
- Providing clinical assessment and evidence-based treatment for individuals experiencing psychosocial issues, psychiatric conditions or mental health disorders.
- Promoting a recovery based approach to care and reporting observations to the healthcare team as needed.
- Providing health teaching to patients and families including thorough discharge instructions to ensure the continuity of care in the community.
- Preparing and facilitating group or one-to-one interactive supportive sessions with other health professionals.
- Responding to emergencies by recognizing changes in patient's health status and consulting appropriate personnel as needed using Transfer of Accountability principles
- Practicing according to infection control and prevention measures.
- Maintaining accurate documentation and ensuring legal requirements are followed and completed
- Participate in inter-disciplinary nursing team meetings to improve policies, procedures and ensure adherence to safety procedures.

Immunizer - Community Vaccination Clinics (TPT)

February - June 2021

Region of Peel, Brampton, ON

- Administering the COVID-19 vaccine to residents of appropriate age.
- Administering and recording vaccines, including medications and treatments in accordance with the program medical directive, program procedures, work instructions, and the College of Nurses of Ontario's Standards of Practice.
- Documenting vaccines and treatments in relevant databases according to program practices.
- Assessing health and immunization history and eligibility of clients using information from several sources to determine whether the client is to be immunized

- Assisting with the management of clients and clinic flow to ensure efficient and effective care in a confidential atmosphere
- Monitoring clients for adverse reactions and providing care as required in the clinic environment
- Working alongside multidisciplinary team members to maintain the vaccine cold chain and assisting with the maintenance of vaccines during immunization clinics.
- Preparing clinic facilities and equipment.

Educational Assistant

York Catholic District School Board

2017 - 2020

Toronto District School Board

2012 - 2018

- Assisted special needs students with developmental and learning disability.
- Assisted the Special Education teachers in meeting the safety (priority) needs of severe to high-risk students within the school.
- Assisted special need students with personal care and health needs, such as administration of medication/seizure monitoring.
- Assisted teachers in the academic, life skills and social skills instruction of students with special needs.
- Assisted teachers in the integration of these exceptional students into the regular classroom programs within the school community where appropriate.
- Adapted classroom activities, assignments and/or materials under the direction of the teacher for the purpose of supporting and reinforcing classroom objectives on a daily basis
- Assisted students with adaptive/assistive technology.

Case Worker

Community Living Toronto, ON

2008 – 2018

- Carried out regularly assigned duties and supports to older adults with developmental disability and mental health issues.
- Identified and evaluated community resources used by individuals to design and implement the objectives as they relate to the community.
- Supported assessment of day-to-day needs of older adults and implementation of future goals and monitored achievement of personal outcomes.
- Coordinated and supported the development of strategies and delivery of services and supports according to life plans and personal outcomes
- Provided case management to individuals on caseload and located employment opportunities as needed.
- Assessed individuals rehabilitative needs through observation and participated in meetings as a member of the multidisciplinary team
- Developed and implemented rehabilitation programs for individuals to improve their level of functioning.
- Provided orientation trainings to other staff and electronic database documentation as required.
- Liaised with physicians and family members as required by addressing needs and shared information on behalf of individuals supported.
- Liaised with housing officials and property owners in the community for safe placement of discharged individuals.
- Monitored community events through data collection, data analysis and report generation

- Assessed rehabilitation programs on a regular basis, recommended modification of treatment techniques and implemented changes.
- Implementing Crisis Prevention Intervention and de-escalation procedures as needed.
- Managed, scheduled staff and delegated work accordingly.
- Preceptorship: College Undergraduate Students.

CLINICAL TRAINING EXPERIENCE

Clinical Consolidation - Medical Surgical 9E (Nephrology Unit)

May - Sep. 2022

Humber River Hospital (Wilson Site)

- Administered medications in the presence of a clinical instructor.
- Utilization of computerized systems for documentation of patient care.
- Participation in project teams or Hospital committees as required.
- With preceptor, worked and monitored patients on Peritoneal dialysis, Continuous Ambulatory peritoneal dialysis and continuous cycling peritoneal dialysis
- Monitored assigned patients, updating information on vital signs and treatment progress.
- Responded to emergency situations and initiated appropriate action in the presence of a clinical instructor
- Performed various nursing interventions including monitoring of vitals and bedside care.
- Performed duties in accordance with applicable standards, policies and regulatory guidelines to promote safe working environment.
- Documented data related to patient care including assessment results, interventions, medications and patient response in Meditech.

Student Nurse

Humber River (Wilson site) - 9east medical/surgical unit (Consolidation)	2022
Center for Addiction and Mental Health, Toronto, ON	2010
William Osler Health Centre (Etobicoke General Hospital (EGH), Toronto, ON	2009
Humber River Hospital, Toronto ON	2009
St. Joseph's Health Centre, Toronto, Toronto, ON	2008
Regina Mundi Catholic School-Elementary, Toronto, ON	2008
Wesburn Manor, city of Toronto homes for the Aged, Toronto, ON	2007
Runnymede Health Centre, Toronto, ON	2007

Worked under the supervision and guidance of qualified nursing and hospital staff to provide high quality patient care during their stay in the hospital.

- Performed nursing interventions, applied aseptic techniques, sterile dressing, ensured infection control and monitored nutritional intake.
- Observed, reported and recorded significant changes, which required intervention, or changes in the patient's care plan.
- Performed physical assessments, charted vital signs and updated doctors as needed.
- Completed medication administration, and provided safety and health education to patients and families.
- Monitored patients' blood glucose levels and performed catheterization, and enemas
- Performed gastrostomy tube, Tracheostomy, colostomy, ileostomy, and ostomy.
- Performed wound care and vacuum assisted devices.
- Collected samples for testing such as urinalysis, culture and sensitivity

- Completed Dynamic Patient Profile Package (DCPP) and Mental Status Examination (MSE).
- Demonstrated understanding and commitment to harm reduction principles and practice.
- Monitored clients' privileges in accordance with their ORB disposition (Hospital Grounds Privilege, Community Pass, & Indirect Supervised Privilege).
- Monitored clients' monthly weight and abdominal girth especially those taking antipsychotic medications.
- Worked in the LAMHP outpatient clinic and observed the treatment and management of patients in the community.

EDUCATION

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| • Durham College – Mental Health Nursing RN (Certificate) program | 2024 |
| • George Brown College – Reinstatement Evidence of Practice for Nurses (RN) | 2022 |
| • Ryerson University – Certificate in Occupational Health and Safety (In Pursuit) | 2019 |
| • Ryerson University – Bachelor of Science in Nursing | 2010 |

LICENSURE

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| • College of Nurses of Ontario – Registered Nurse | 2023 |
| • College of Nurses of Ontario – Registered Practical Nurse | 2019 |

Excellent Work References ~ Flexible Schedule Availability ~ G license – Willing to Travel