

# Krupa Purani

Ontario

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## Professional Summary

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Caring and reliable Personal Support Worker with a medical background and experience assisting clients in healthcare and residential environments. Proficient in supporting activities of daily living, monitoring patient conditions, and maintaining accurate documentation. Known for a compassionate approach, strong teamwork, and dedication to promoting comfort, independence, and dignity of residents.

## Skills

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- Experience with care documentation and charting
- Strong verbal and written communication skills
- Team collaboration with nurses and healthcare staff
- Computer knowledge about outlook, Microsoft, word, Excel
- Knowledge of medical terminology and basic anatomy
- Fluent in [languages—e.g., English, Hindi, Gujarati, etc.]
- Time management and multitasking in fast-paced environments
- Experience with dementia and palliative care clients

## Work Experience

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### Personal Support Worker

October 2025-Feb 2026

#### Southbridge Long-term care, Goderich ON

- Assisting residents with activities of daily living, including bathing, dressing, grooming, toileting, and mobility support.
- Accurately document residents' care activities, meal intake, and bowel routines using electronic charting systems.
- Prepare and serve meals, assisting with feeding, and monitor residents' dietary needs and restrictions.
- Observed, recorded, and promptly reported physical or emotional changes to nursing staff.
- Collaborated with nurses and interdisciplinary healthcare teams to ensure continuity and quality of care.
- Demonstrated compassion, professionalism, and respect in all resident and family interactions.
- Actively participated in staff meetings, training sessions, and continuing education to enhance caregiving skills.

### Personal Support Worker (Placement)

July 2025 – Sep 2025

#### Henley place Senior Living Community.

- Assisted residents with daily living activities including bathing, dressing, grooming, and mobility support.
- Recorded residents' meal intake, bowel movements, and care activities using online charting systems.
- Supported mealtime preparation and feeding while monitoring residents' dietary needs.
- Provided emotional companionship and ensured residents' dignity, privacy, and comfort.
- Recorded and reported changes in residents' physical or emotional conditions to nursing staff.
- Collaborated with healthcare professionals to ensure accurate documentation.
- Demonstrated professionalism, sensitivity, and respect in all interactions.
- Actively participated in team meetings and training sessions to enhance skills.

## Education

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Personal Support Worker |Academy of learning career college, London ON

April 2025 – Sept 2025

Office Administration-Health Services | Sheridan college, Mississauga ON

Jan 2023 – April 2024

Medical Laboratory Technician |Samarpan college, Gujrat, India

Jan 2017 – Sept 2018

## Certificates

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- Personal support worker from NACC (National Association of career colleges)
- Blended Standard First Aid and CPR/AED level C
- Basic Life Support (BLS)
- Gentle Persuasive Approaches (GPA) in dementia care
- Mask Fit Test