

# Kirtan

Personal Support Worker

+1 647 937 7337

p.kirtan7337@gmail.com

## Objective

A dedicated and compassionate Personal Support Worker (PSW) student with a robust background in nursing care, including one year of nursing training in India and a semester of PSW studies at Fleming College. Gained valuable hands-on experience during a clinical placement at Victoria Manor Lindsay, where I developed skills in patient-centered care, promoting resident independence, and supporting interdisciplinary teams. Seeking a PSW position to apply my skills, cultural competence, and passion for improving the quality of life for individuals under care.

## Highlight and Qualifications:

- Personal Care: Expertise in assisting with ADLs, transfers, and mobility.
- Emotional Support: Providing comfort and dignity during palliative care and daily interactions. Documentation & Recordkeeping: Ensuring accurate and timely recording of client health and progress. Team Collaboration: Working effectively with healthcare teams to optimize patient care.
- Multitasking & Organization: Managing multiple tasks simultaneously while maintaining high attention to detail.
- Vitals Monitoring: Proficient in monitoring and documenting vital signs.

## Employment History:

### **Princess Gardens Retirement Residence, Lindsay**

Feb 2025 – Currently

Personal Support Worker

- Observed and reported changes in client conditions to ensure appropriate follow-up by the RN. Assisted clients with medication management according to instructions from registered nurses. Offered support during illness recovery by providing personal care and companionship. Delivered housekeeping services to improve clients' overall well-being and quality of life.

### **Caressant Care Long-Term Care Home, Lindsay**

Dec 2024 – Feb 2025

Personal Support Worker

- Assisted in medication management, ensuring proper medication administration as instructed by registered nurses.



