

# John Ricky

St. Catharines, ON

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## SUMMARY

Three years of experience providing high-quality care to the elderly and disabled by a dedicated and compassionate personal support worker. I am renowned for my empathetic approach and commitment to promoting the liberty and welfare of my clients. Skilled in building relationships with clients and their families to ensure a compassionate and encouraging environment. I want to help those in need live better by using my skills in a fast-paced healthcare setting.

## HIGHLIGHTS OF SKILLS & QUALIFICATIONS

- Hands-on experience in construction site supervision and equipment maintenance
- Strong understanding of safety protocols (WHMIS, OH&S, HSE Certifications)
- Skilled in reading and interpreting care plans and patient needs assessments
- Experience in assisting with mobility, personal hygiene, and daily living activities
- Strong problem-solving skills in handling patient concerns and emergencies
- Excellent teamwork and communication skills in high-pressure healthcare environments
- Knowledge of infection control, safety procedures, and compliance with healthcare regulations

## WORK EXPERIENCE

*Personal Support Worker*

Dec 2024 – Till Date

**ECN Care Services Incorporated Canada**, Scarborough, Ontario

- Assisted in monitoring and documenting patients' conditions, and reporting changes to healthcare professionals.
- Supported patients with daily living activities, including bathing, dressing, and meal preparation.
- Maintained accurate records of patient care, medications, and vital signs for effective health management.
- Provided emotional support and companionship to enhance patients' overall well-being.
- Assisted with end-of-life care, providing comfort and emotional support to patients and families.

*Personal Support Worker*

Oct 2022 – April 2023

**Ogba Primary Health Care**, Lagos State, Nigeria

- Assisted patients with toileting and continence care, ensuring dignity and comfort.
- Provided respite care for family caregivers by attending to patients' needs.
- Assisted in maintaining a clean, safe, and comfortable living environment for patients.
- Encouraged and facilitated social activities to enhance patients' engagement and quality of life.
- Ensured proper handling and disposal of medical waste in compliance with safety regulations.

**Ojodu Primary Health Care**, Lagos State, Nigeria

- Administer drugs under the supervision of nursing professionals and keep proper records.
- Assist people with mobility by employing transfer techniques and mobility aids.
- Collaborate with multidisciplinary team members to create care plans tailored to each resident's specific needs.
- Assisted patients with cognitive impairments, such as dementia, by providing structured routines and reassurance.

**EDUCATION**

Bachelor's degree in civil & environmental engineering | **University of Lagos**, Nigeria 2014 – 2019

**CERTIFICATIONS & TRAINING**

- Burnhamthorpe Adult Learning Centre Certificate for Personal Support Worker Certificate Program (855 hours)
- Alison Diploma in Caregiving
- Emergency First Aid/CPR Level C/AED Certification
- SafeCheck Advanced Food Safety Certification
- Smart Serve Ontario Certification
- Basic Health, Safety, and Environment (HSE) Levels 1, 2 & 3
- Accessibility for Ontarians with Disabilities ACT (AODA) training
- OH&S Awareness Training (Occupational Health & Safety)
- Ontario Security License
- Confined Space Level 1- Operation
- Working at Heights
- Forklift
- WHMIS 2015 Training (Workplace Hazardous Materials Information System)
- Police Check
- Driver License

References available upon request