

INAWOLE JOHN. A

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Professional Summary

I am a dedicated and compassionate Registered Nurse with over 3 years of experience and a proven track record of providing high-quality care to patients. Adept at assisting with daily living activities, fostering a supportive and nurturing environment, and promoting independence. Strong communication skills enable effective collaboration with both clients and healthcare teams. Committed to enhancing the quality of life for elderly individuals through empathetic and personalized care. Seeking to contribute expertise and passion to a dynamic nursing role.

Experience

Registered Nurse (CCU/THEATRE)

LAGOS STATE UNIVERSITY TEACHING HOSPITAL (Critical Unit Care (CCU))

11/2024 till date

Lagos State, Nigeria.

- Review patient charts and anesthesia plans, Prepare equipment and supplies.
- Document patient's medical history, allergies, and medications.
- Monitor vital signs and parameters, Maintain patient's airway, breathing, and circulation.
- Assist surgeons with procedures, Monitor patient's recovery from anesthesia.
- Manage pain, nausea, and vomiting, Maintain hemodynamic stability.
- Monitor vital signs and patient status, Administer medications and fluids.
- Manage life-support systems, Perform bedside procedures.
- Collaborate with interdisciplinary teams, Patient assessment and monitoring.
- Medication management, Pain management, Wound care.

Registered Nurse (ICU)

THE FRONTIDA CRITICAL CARE CLINIC (INTENSIVE UNIT CARE (ICU))

02/2023 to 10/2024

Oyo State, Nigeria

- Assesses, utilizing age specific data, the patient's physical, psychosocial in a comprehensive manner.
- Demonstrates accurate assessment skills, appropriate to the age of the patient, based on scientific facts and principles.
- Performs and documents ongoing assessments including observation, physical examination, laboratory/test results, and patient response to procedural intervention.
- Assists other staff in the delivery of patient care, as appropriate.
- Incorporates patient teaching/discharge planning to promote optimal patient outcomes.
- Coordinates and documents appropriate discharge planning and referrals to ensure continuity of care after discharge.
- Set medication reminders for self-administration clients or administered prescribed doses at scheduled times.
- Handle ambulation and transfer assistance using proper lifting techniques.

Caregiver

PRIVATE REDIDENT

03/2022 to 07/2023

Oyo State, Nigeria

- Administered medication, bathed and fed clients regularly.
- Updated records and reported concerns for significant health and support needs changes.
- Provided personal, social and domestic care and support adhering to individual care and support plans.
- Championed individual right to choice and independence while guaranteeing safety.
- Enforced medical recommendations outlined in doctor's reports to support recovery.
- Helped clients with mobility issues change position to prevent sores and blood clots.
- Routinely changed bed linen, washed laundry and cleaned dishes.

Education

Diploma in General Nursing 10/2019 to 7/2023
SCHOOL OF NURSING, UNIVERSITY COLLEGE HOSPITAL, IBADAN, OYO STATE.

General Certificate of Secondary School (GCSE) 09/2012 to 06/2018
ISIU SENIOR GRAMMAR SCHOOL, ISIU IKORODU, LAGOS STATE.

First Leaving of School Certificate (FLSC) 09/2003 to 06/2011
ISIU JUNIOR GRAMMAR SCHOOL, ISIU IKORODU, LAGOS STATE.

Certifications & License

- Registered Nurse (RN) License (2023)
- CPR, First Aid & AED (2024)
- Basic Life Support (BLS) (2023)
- Advanced Cardiac Life Support (ACLS) (2023)
- Pediatric Advanced Life Support (PALS) (2023)
- Addiction Care and Treatment Certificate (2023)
- Substance Use and Abuse Nursing Certificate (2023)
- Basics of Mechanical Ventilation Certificate (2023).
- Advance Training in Mechanical Ventilation Certificate (2023)
- Administering Challenges in Management of ICU Certificate (2023)
- Healthcare Management Certificate (2023)
- Socio Psychology Certificate (2023)
- Neonatal Resuscitation Program (NRP) (2023)
- Spinal Cord Injury National Safe Table Certificate (2023)
- Conflict of Interest Certificate (2023)
- Diploma in Caregiving (2022)
- Understanding Vital Sign Certificate (2022)
- Elderly Care and Caring for the Disabled Certificate (2022)
- FLORENCE ACADEMY 2023: Pathway to Care Program in the following;
Adult Social Care, the 6 C's of Care, Communication, Personal Care, Nutrition/Hydration, Continence Care, Supporting with Sleep and Bed Rest, End of Life Care, Wellbeing, and Personal Development certificates.

Core Skills

Communication	Wound care
Critical thinking skills.	Airway maintenance and Breathing
Teamwork skills.	CPR
Monitoring Vital Signs.	Administering Medications and Treatment
Time Management.	Patient Assessment
IV Therapy.	Patient and Family Education
Electronic Health Record (EHR)	Infection Control Protocol.

References

Available on request.