

JULIET EFIDO

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PROFILE

A dedicated professional with hands-on experience providing empathic and compassionate care. Excellent interpersonal communication skills. Expert knowledge of office-related software. Always reliable and willing to take on new challenges in the pursuit of a successful career in support care.

EXPERIENCE

Personal Support Worker Student – Placement

March 2023 – April 2023

Park Place Retirement Residence, Woodstock, ON

- Assisted residents with mealtime activities.
- Assisted residents with showers.
- Assisted resident with toileting activities; catheter care.
- Checked vital signs record information in the residents chart.
- Performed light housekeeping, laundry, and cleaning duties.

Personal Support Worker Student – Placement

Feb 2023 – March 2023

Woodingford Lodge, Woodstock, ON

- Assisted residents with personal care, hygiene, and activities of daily living.
- Assisted resident with toileting activities; colostomy, and catheter care.
- Demonstrated proper body mechanics and safe transfer techniques.
- Assisted residents with mealtime activities.
- Completed the residents flow sheet and the behavior of daily living sheets.
- Observed and reported changes in the resident's condition to the supervisor or Charge Nurse.

Unregulated care Provider

Sep 2022 – March 2023

Victoria Manor Retirement Home, Woodstock, ON

- Assisted resident with medication.
- Checked vital signs record information in the residents chart.
- Completed the residents flow sheet and the behavior of daily living sheets.
- Performed light housekeeping, laundry, and cleaning duties.
- Observed & reported concerns regarding resident safety, and implemented interventions as directed by the supervisor.

EDUCATION

Personal Support worker certificate

April 2023

Fanshawe college

CERTIFICATION

- Standard First Aid & CPR.
- Vulnerable Sector Police Check.
- Non-Violent Crisis Intervention Training.